



County of San Luis Obispo, Department of Social Services  
**ONGOING RESOURCE FAMILY TRAINING CALENDAR**  
**February 2021**



**B=** Bilingual services available upon request **T=** Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
<b>By appointment only</b>		<b>Livescan/RFT Fingerprinting</b> To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.			
<b>Part 1:</b> <b>Wednesday, Feb 24th</b> <b>4:00pm to 7:00pm</b>  <b>AND</b> <b>Part 2:</b> <b>Thursday, Feb 25th</b> <b>4:00pm to 7:00pm</b>	<b>CPR, AED &amp; First Aid</b> <b>(B, T)</b> Adult and Pediatric CPR, AED & First aid – American Red Cross 2-year Certification.  This class is free, however, if you are NOT a Resource Family, there will be a \$30 charge for the issuance of your American Red Cross certificate. This course is conducted in 3 parts. Part 1 and Part 2 are conducted via Live Online Instruction.  <b><i>It is required to complete Part 1 &amp; 2. Once completed, an instructor will register you for the in-person skills testing to complete your certification.</i></b>  Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.	<b>Live Online Instruction</b>  The skills testing class will be held in person. Instructors will follow the American Red Cross safety guidelines regarding COVID-19		Register here: <a href="https://forms.gle/MheurrFf1r53c5pVA">https://forms.gle/MheurrFf1r53c5pVA</a>	
<b>Class 1: Thursday, Feb 4th</b> <b>5:30pm to 8:30pm</b>  <b>Class 2: Saturday, Feb 6th</b> <b>9:00am to 4:00pm</b>	<b>RFT Class 1, 2, &amp; 3- Resource Family Pre-Service Training</b> <b>(B, T) - <i>Must register to attend.</i></b> Please request translation services at the time of registration.  Mandatory training for anyone wanting to become a Resource Family. This is a training series. <b>Please note: Each adult must complete the entire series for certification</b> and "RFT Follow-Up Training within one month of licensing.  Los instructores que hablan español están	Live Online Instruction	Judy Martin	<b>MUST REGISTER TO ATTEND:</b> <b>Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW or call (805) 781-1705</b>	



**B= Bilingual services available upon request T= Meets ongoing RFA training hours**

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
<b>Class 3: Thursday, Feb 11th</b>	<b>5:30pm to 8:30pm</b>	disponibles en este entrenamiento. Por favor llame al 781-1705 para hacer una solicitud.			
<b>Thursday, Feb 25th</b>	<b>6:00pm to 8:00pm</b>	<b>Resource Family Orientation</b> <b>For San Luis Obispo County prospective Resource Families Only</b> Information will be provided about becoming a licensed Resource Family in San Luis Obispo County. <b>This meeting is MANDATORY prior to attending the RFT Tier I training/certification.</b> This will be conducted over the phone. You must RSVP to register for this and subsequent RFT Tier I training/certification. <b>The Facilitator will contact those registered and set up one-on-one appointments.</b>	Live Online via Zoom	Cynthia Fletcher	Register here: <b>(805) 781-1705</b>
<b>Call to (805) 781-1705 for information on dates/times available</b>		<b>SPARK- Successful Parenting at Risk Kids (T, B)</b> This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively parent children with behavioral issues; Life skills training; and case management and visitations. This is open to all and fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes, OFR and ISFC homes.	Live Online Instruction  Additionally worksheets will be required for this training.	Stephanie Wilson, LMFT	Register here: <b>(805) 781-1705</b>
<b>Friday, Feb 5<sup>th</sup></b>	<b>9:00am – 12:00pm</b>	<b>Specialized Training – TBRI for Caregivers – Part 3 - Empowering</b> Gain a deeper understanding of TBRI (Trust Based Relational Intervention) a holistic and evidence-based intervention designed for children from hard places. Empowering – learn about the	Live Online Instruction	Cynthia Fletcher	Register here: <a href="https://forms.gle/zbqqKf513TQRkRLW7">https://forms.gle/zbqqKf513TQRkRLW7</a>



County of San Luis Obispo, Department of Social Services  
**ONGOING RESOURCE FAMILY TRAINING CALENDAR**  
**February 2021**



**B=** Bilingual services available upon request **T=** Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
		physiological/internal roots of children’s behavior, strategies for meeting children’s sensory needs and tools for making the environment feel safe and predictable for children. Strongly recommended for caregivers, professionals working with our population, SWs and ISFC homes.			
<b>Wednesday, Feb 10th</b>	<b>9:00am – 12:00pm</b>	<b>Specialized Training – Nancy Thomas: Bonding to Build and Heal the Brain</b> A pioneer in Reactive Attachment Disorder (RAD) and Professional Therapeutic Parent, Nancy Thomas’ over forty years of successful work with traumatized children helped her develop her program, which is now used in homes, treatment facilities and schools around the world. If you attended our December event(s), now you can get your questions answered directly with Nancy at this highly interactive event.	Live Online Instruction	Nancy Thomas	Register here: <a href="https://forms.gle/MgL9yJEq2PPPAVqz5">https://forms.gle/MgL9yJEq2PPPAVqz5</a>
<b>Friday, Feb 19th</b>	<b>9:00am – 12:00pm</b>	<b>CWA – How to De-escalate your “Out-of-Control” Child</b> Participants will review 3 triggers that lead someone to escalate; list 3 mistakes that escalate behaviors; and list 3 helpful intervention strategies. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowski LMFT and Karen Jason, both fost/adopt parents	Register here: <a href="https://forms.gle/2ZrJkMJsUGrY1wn6">https://forms.gle/2ZrJkMJsUGrY1wn6</a>
<b>Friday, Feb 19th</b>	<b>12:30pm – 3:30pm</b>	<b>CWA – Understanding Autism Spectrum Disorders</b> Participants will list 3 symptoms of Autism Spectrum Disorders; review 3 effective modalities of how to treat Autism Spectrum Disorders; and	Live Online Instruction	Lori Switanowski LMFT and Karen Jason, both fost/adopt parents	Register here: <a href="https://forms.gle/WnzWYbKrvmaR7nrx7">https://forms.gle/WnzWYbKrvmaR7nrx7</a>



**B=** Bilingual services available upon request **T=** Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
		discuss 3 intervention strategies. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.			
<b>Saturday, Feb 20th</b> <b>9:00am – 12:00pm</b>		<b>CWA – Documentation and Working Well with your Professional Team</b> Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowski LMFT and Karen Jason, both fost/adopt parents	Register here: <a href="https://forms.gle/E9hdT3ma2BHSH3Su5">https://forms.gle/E9hdT3ma2BHSH3Su5</a>
<b>Friday, Feb 19th</b> <b>9:00am – 12:00pm</b>		<b>Specialized Training – TBRI for Caregivers – Part 4 - Correcting</b> Gain a deeper understanding of TBRI (Trust Based Relational Intervention) a holistic and evidence-based intervention designed for children from hard places. Correcting – Walk away with an understanding of how to balance structure and nurture during interactions with children while having changed behavior. We will learn how to help our children feel more connected to us as their caregiver by using the TBRI IDEAL Responses and Levels of Response. Strongly recommended for caregiver, professionals working with our population, SWs and ISFC homes.	Live Online Instruction	Cynthia Fletcher	Register here: <a href="https://forms.gle/iQ3j4ptbvH7aVPyo6">https://forms.gle/iQ3j4ptbvH7aVPyo6</a>
<b>Wednesday, Feb 24<sup>th</sup></b> <b>9:00am – 12:00pm</b>		<b>Specialized Training – Nancy Thomas: Why Traditional Parenting Strategies Often Fail and What Works</b> A pioneer in Reactive Attachment Disorder (RAD) and Professional Therapeutic Parent, Nancy Thomas’ over forty years of successful work with	Live Online Instruction	Nancy Thomas	Register here: <a href="https://forms.gle/wUengwYHBqULtFrZ7">https://forms.gle/wUengwYHBqULtFrZ7</a>



**B= Bilingual services available upon request T= Meets ongoing RFA training hours**

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
		traumatized children helped her develop her program, which is now used in homes, treatment facilities and schools around the world. If you attended our December event(s), now you can get your questions answered directly with Nancy at this highly interactive event.			

**VIA ZOOM – TBD “RFT Pre-Service, Tier II Topics, and OFR” – via Zoom coming soon.**

**VIA ZOOM – TBD Spanish Classes are available via Live Instruction on many topics! Location: email [mfelicia@cuesta.edu](mailto:mfelicia@cuesta.edu) to get link to register and for location.**

**VIVO DE ZOOM – TBD Muchas clases de espanol estan disponibles a traves de la instruccion en vivo de Zoom!**

**Envie un correo electronico a [mfelicia@cuesta.edu](mailto:mfelicia@cuesta.edu) para recibir un enlace para registrarse en una clase.**

Definition of a Specialized Home: OFR, ISFC, Shelter Home, or any other definition provided by DSS other than Resource Family.

Workshops are open to the community, but priority will be given to Resource Families – Foster or Adoptive Parents, Relative/Kinship Care Givers, ILP/YESS youth, and Professionals that work with the population.

**Please RSVP at least three (3) days prior to a workshop/event, so we ensure the right resources are available to facilitate the class.**

**Workshops may be cancelled due to lack of attendance.**