



County of San Luis Obispo, Department of Social Services
ONGOING RESOURCE FAMILY TRAINING CALENDAR
January 2021



B= Bilingual services available upon request **T**= Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
By appointment only		Livescan/RFT Fingerprinting To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.			
Part 1: Wednesday, Jan 13th 4:00pm to 7:00pm AND Part 2: Thursday, Jan 14th 4:00pm to 7:00pm	CPR, AED & First Aid (B, T) Adult and Pediatric CPR, AED & First aid – American Red Cross 2-year Certification. This class is free, however, if you are NOT a Resource Family, there will be a \$30 charge for the issuance of your American Red Cross certificate. This course is conducted in 3 parts. Part 1 and Part 2 are conducted via Live Online Instruction. <i>It is required to complete Part 1 & 2. Once completed, an instructor will register you for the in-person skills testing to complete your certification.</i> Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.	Live Online Instruction The skills testing class will be held in person. Instructors will follow the American Red Cross safety guidelines regarding COVID-19		Register here: https://forms.gle/UUzJY8KqTytvDmen7	
Class 1: Thursday, Jan 14th 5:30pm to 8:30pm Class 2: Saturday, Jan 16th	RFT Class 1, 2, & 3- Resource Family Pre-Service Training (B, T) – Must register to attend. Please request translation services at the time of registration. Mandatory training for anyone wanting to	Live Online Instruction	Judy Martin	MUST REGISTER TO ATTEND: Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW or call (805) 781-1705	



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	9:00am to 4:00pm Class 3: Thursday, Jan 21st 5:30pm to 8:30pm	become a Resource Family. This is a training series. Please note: Each adult must complete the entire series for certification and "RFT Follow-Up Training within one month of licensing. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1705 para hacer una solicitud.			
Thursday, Jan 7th	6:00pm to 8:00pm	"Resource Family Informational Meeting" Information will be provided about becoming a licensed Resource Family in San Luis Obispo County. This meeting is MANDATORY prior to attending the RFT Tier I training/certification. This will be conducted over the phone. You must RSVP to register for this and subsequent RFT Tier I training/certification. The Facilitator will contact those registered and set up one-on-one appointments.	Live Online via Zoom	Cynthia Fletcher	Register here: (805) 781-1705
Call to (805) 781-1705 for information on dates/times available		SPARK- Successful Parenting at Risk Kids (T, B) This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively parent children with behavioral issues; Life skills training; and case management and visitations.	Live Online Instruction Additionally worksheets will be required for this training.	Stephanie Wilson, LMFT	Register here: (805) 781-1705



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		This is open to all and fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes, OFR and ISFC homes.			
Friday, Jan 8th 9:00am - 12:00pm		Specialized Training – TBRI for Caregivers – Intro & Overview Gain a deeper understanding of TBRI (Trust Based Relational Intervention) an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. We will touch on the 3 sets of TBRI principles: Connecting, Correcting and Empowering. Learn about the impact of a child’s history on their long-term development and gain practical intervention strategies.	Live Online Instruction	Cynthia Fletcher	Register here: https://forms.gle/wHmdooZuEGwGJCzTA
Friday, Jan 8th 1:00pm - 4:00pm		SPECIAL EVENT – Nancy Thomas: “Question, Concerns and Solutions” A pioneer in Reactive Attachment Disorder (RAD) and Professional Therapeutic Parent, Nancy Thomas’ over forty years of successful work with traumatized children helped her develop her program, which is now used in homes, treatment facilities and schools around the world. If you attended our December event(s), now you can get your questions answered directly with Nancy	Live Online Instruction	Nancy Thomas	Register here: https://forms.gle/uaQa5dz3a2nkDoCX7



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		at this highly interactive event.			
Friday, Jan 15th 9:00am – 12:00pm		CWA – Grief and Loss in the Caregiver – How are you REALLY doing? Participants will review 3 areas of well-being; 3 areas that they are struggling with, and 3 coping strategies to mitigate this. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowski LMFT and Karen Jason, both fost/adopt parents	Register here: https://forms.gle/yn88VwSuVsDZFTmS6
Friday, Jan 15th 12:30pm – 3:30pm		CWA – Grief and Loss in the Caregiver – The “Why’s” behind a Child’s Behavior Participants will review 3 common behaviors of children in out-of-home care, identify 3 reasons behind “acting out” behaviors, and explore 3 intervention strategies on how to reduce “acting out” behaviors. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowski LMFT and Karen Jason, both fost/adopt parents	Register here: https://forms.gle/URYZxVup15RKQ12fA
Saturday, Jan 16th 12:30pm – 3:30pm		CWA – Grief and Loss in the Caregiver – How to Advocate for your Special Needs Child Participants will review 3 strengths in	Live Online Instruction	Lori Switanowski LMFT and Karen Jason,	Register here: https://forms.gle/DaFenvqnnTTCO4Ta9



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		which their child excels behaviorally and academically, identify 3 ways to advocate for their special needs child, and review 3 rights that their special needs child is entitled to. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.		both fost/adopt parents	
Tuesday, Jan 19th	9:00am - 12:00pm	C.S.E.C. - Human Trafficking - Awareness, Overview and Prevention	Live Online Instruction	Nancy Kuster, RFA Social Worker Supervisor	Register here: (805) 781-1705 call to request link
Thursday, Jan 21st	1:00pm - 3:00pm	Medication Management Written directives regarding the storage and use of medication in a Resource Family Home; Legal requirements for the use of psychotropic medication; and Caregiver requirements for documentation and record keeping for medication management.	Live Online Instruction		Register here: https://forms.gle/k5UFLUwUDxF4HNNg9
Friday, Jan 22nd	9:00am - 12:00pm	Specialized Training - TBRI for Caregivers - Part 2 - Connecting Learn what secure attachment looks like between children and caregivers, as well as gain hands on ways to build a connection with your child that disarms	Live Online Instruction	Cynthia Fletcher	Register here: https://forms.gle/HdmngaJnbF2r3h3D7



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		fear, gains trust, and enhances learning, while building attachment. Understand the impact attachment history can have on children’s behavior and gain insight and awareness about how our own attachment history influences the way we care for children.			

VIA ZOOM – TBD “RFT Pre-Service, Tier II Topics, and OFR” – via Zoom coming soon.

VIA ZOOM – TBD Spanish Classes are available via Live Instruction on many topics! Location: email mfelicia@cuesta.edu to get link to register and for location.

VIVO DE ZOOM – TBD Muchas clases de espanol estan disponibles a traves de la instruccion en vivo de Zoom!

Envie un correo electronico a mfelicia@cuesta.edu para recibir un enlace para registrarse en una clase.

Definition of a Specialized Home: OFR, ISFC, Shelter Home, or any other definition provided by DSS other than Resource Family.

Workshops are open to the community, but priority will be given to Resource Families – Foster or Adoptive Parents, Relative/Kinship Care Givers, ILP/YESS youth, and Professionals that work with the population.

Please RSVP at least three (3) days prior to a workshop/event, so we ensure the right resources are available to facilitate the class.

Workshops may be cancelled due to lack of attendance.