



B= Bilingual services available upon request **T=** Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
By appointment only		<p>Livescan/RFT Fingerprinting</p> <p>To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.</p>			
<p>Part 1: Wednesday, Dec 2nd 4:00pm to 7:00pm</p> <p>AND</p> <p>Part 2: Thursday, Dec 3rd 4:00pm to 7:00pm</p>	<p>CPR, AED & First Aid (B, T)</p> <p>Adult and Pediatric CPR, AED & First aid – American Red Cross 2-year Certification. This class is free, however, if you are NOT a Resource Family, there will be a \$30 charge for the issuance of your American Red Cross certificate. This course is conducted in 3 parts. Part 1 and Part 2 are conducted via Live Online Instruction.</p> <p><i>It is required to complete Part 1 & 2. Once completed, an instructor will register you for the in-person skills testing to complete your certification.</i></p> <p>Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.</p>	<p>Live Online Instruction</p> <p>The skills testing class will be held in person. Instructors will follow the American Red Cross safety guidelines regarding COVID-19</p>		<p>Register here: https://forms.gle/Zib366dahsuZEskU7</p>	
<p>Class 1: Thursday, Dec 10th 5:30pm to 8:30pm</p> <p>Class 2: Saturday, Dec 12th</p>	<p>RFT Class 1, 2, & 3- Resource Family Pre-Service Training (B, T) – Must register to attend. Please request translation services at the time of registration.</p> <p>Mandatory training for anyone wanting to</p>	<p>Live Online Instruction</p>	Judy Martin	<p>Must register to attend</p> <p>Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW or call (805) 781-1705</p>	



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	9:00am to 4:00pm Class 3: Thursday, Dec 17th 5:30pm to 8:30pm	become a Resource Family. This is a training series. Please note: Each adult must complete the entire series for certification and "RFT Follow-Up Training within one month of licensing. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1705 para hacer una solicitud.			
Thursday, Dec 10th	6:00pm to 8:00pm	"Resource Family Informational Meeting" Information will be provided about becoming a licensed Resource Family in San Luis Obispo County. This meeting is MANDATORY prior to attending the RFT Tier I training/certification. This will be conducted over the phone. You must RSVP to register for this and subsequent RFT Tier I training/certification. The Facilitator will contact those registered and set up one-on-one appointments.	Live Online via Zoom	Cynthia Fletcher	Register here: (805) 781-1705
Call to (805) 781-1705 for information on dates/times available		SPARK- Successful Parenting at Risk Kids (T, B) This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively parent children with behavioral issues; Life skills training; and case management and visitations.	Live Online Instruction Additionally worksheets will be required for this training.	Stephanie Wilson, LMFT	Register here: (805) 781-1705



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		This is open to all and fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes, OFR and ISFC homes.			
Wednesday, Dec 16th	6:30pm to 8:30pm	“Hot Topic! – Parenting Toolbox” This month’s book is titled – “Parenting Toolbox” by Lisa Phifer. We will finish up with “If You Ever Wanted to Crawl in the Closet with an Oreo” and start to explore “Parenting Toolbox”. Parenting Toolbox delves into 125 activities to reduce meltdowns. Strongly recommended for caregivers, professionals working with our population and SWs. Everyone will receive the book FREE along with next month’s book!	Live Online Instruction		Register here: https://forms.gle/NjvVabk31nn9bfWA9
December 18th and 19th		SPECIAL EVENT – Nancy Thomas: Coastal Collaborative 2 day Conference – Live Webinar A pioneer in Reactive Attachment Disorder (RAD) and Professional Therapeutic Parent, Nancy Thomas’ over forty years of successful work with traumatized children helped her develop her program, which is now used in homes, treatment facilities and schools around the world. She has worked tirelessly to improve the lives of children	Live Online Instruction	Nancy Thomas	Please register via links for each session indicated below:



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		internationally. Her program is acclaimed for helping many types of emotional disorders, including Reactive Attachment Disorder (RAD), Early Childhood Trauma, Asperger's Syndrome, (ODD), PTSD and FASD. SESSION SCHEDULE LISTED BELOW:			
Friday, Dec 18th 9:00am-12:00pm		Session #1: Reactive Attachment Disorder – RAD An overview of RAD and how extreme trauma effects attachment, brain development and behavior with solutions that work.	Live Online Instruction	Nancy Thomas	Register here: https://forms.gle/RfQaHNvm6jcQ9btn6
Friday, Dec 18th 1:00pm-4:00pm		Session #2: Behaviors Associated with RAD Explore how trauma related symptoms effect and increase challenging behaviors and learn effective tools.	Live Online Instruction	Nancy Thomas	Register here: https://forms.gle/jgfMdd1tydRTwGC99
Saturday, Dec 19th 9:00am-12:00pm		Session #3: Strategies for Challenging Behaviors Strategies and skills to assist with the most frustrating behaviors.	Live Online Instruction	Nancy Thomas	Register here: https://forms.gle/8q4hcxM7rNFSPw4EA
Saturday, Dec 19th 1:00am-4:00pm		Session #4: Holiday Triggers and Self-Care. Plan Ahead. Beware of holiday triggers; and develop a strategic plan to help children and families cope.	Live Online Instruction	Nancy Thomas	Register here: https://forms.gle/AfnttBWP7v1J8VYx8



County of San Luis Obispo, Department of Social Services
ONGOING RESOURCE FAMILY TRAINING CALENDAR
December 2020



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VIA ZOOM – TBD “RFT Pre-Service, Tier II Topics, and OFR” – via Zoom coming soon.

VIA ZOOM – TBD Spanish Classes are available via Live Instruction on many topics! Location: email mfelicia@cuesta.edu to get link to register and for location.

VIVO DE ZOOM – TBD Muchas clases de español estan disponibles a traves de la instruccion en vivo de Zoom!

Envie un correo electronico a mfelicia@cuesta.edu para recibir un enlace para registrarse en una clase.

Definition of a Specialized Home: OFR, ISFC, Shelter Home, or any other definition provided by DSS other than Resource Family.

Workshops are open to the community, but priority will be given to Resource Families – Foster or Adoptive Parents, Relative/Kinship Care Givers, ILP/YESS youth, and Professionals that work with the population.

Please RSVP at least three (3) days prior to a workshop/event, so we ensure the right resources are available to facilitate the class.

Workshops may be cancelled due to lack of attendance.