



County of San Luis Obispo, Department of Social Services  
**ONGOING RESOURCE FAMILY TRAINING CALENDAR**  
**November 2020**



**B= Bilingual services available upon request T= Meets ongoing RFA training hours**

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
<b>By appointment only</b>		<p><b>Livescan/RFT Fingerprinting</b></p> <p>To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.</p>			
<b>Tuesday, Nov 3rd</b>	<b>6:30pm to 9:30pm</b>	<p><b>RFT Tier II – Adoption</b></p> <p>Open Discussion and review of Resource Family Pre-Service Training topics, with Q&amp;A time available at the end of the workshop. This workshop will cover timeline, Bio Parents, Court Procedures, and post adoption information. Create realistic expectations for court timeframes and post adoption support both financial and emotional.</p> <p>Attendance is MANDATORY for all Resource Families in order to get the training on each topic.</p>	Call for Location		Register here: (805) 781-1705
<b>Wednesdays</b>	<b>Nov 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> &amp; 25<sup>th</sup></b>	<p><b>SPARK- Successful Parenting at Risk Kids (T, B)</b></p> <p>This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively parent children with behavioral issues; Life skills training; and case management and visitations. This is open to all and fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes, OFR and ISFC homes.</p>	Live Online Instruction	Stephanie Wilson, LMFT	Register here: (805) 781-1705
	<b>9:00am to 11:00am</b>		Additionally worksheets will be required for this training.		



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<b>Wednesday Nov 4th</b>	<b>5:30pm to 7:30pm</b>	<p><b>“Resource Family Informational Meeting”</b></p> <p>Information will be provided about becoming a licensed Resource Family in San Luis Obispo County. <b>This meeting is MANDATORY prior to attending the RFT Tier I training/certification.</b> This will be conducted over the phone. You must RSVP to register for this and subsequent RFT Tier I training/certification. <b>The Facilitator will contact those registered and set up one-on-one appointments.</b></p>	Call for Location	Cynthia Fletcher	Register here: (805) 781-1705
<p><b>Part 1:</b> <b>Wed, Nov 4<sup>th</sup></b> <b>4:00pm to 7:00pm</b> <b>AND</b> <b>Part 2:</b> <b>Thursday, Nov 5<sup>th</sup></b> <b>4:00pm to 7:00pm</b></p>	<p><b>CPR, AED &amp; First Aid (B, T)</b></p> <p>Adult and Pediatric CPR, AED &amp; First aid – American Red Cross 2-year Certification.</p> <p>This class is free, however, if you are NOT a Resource Family, there will be a \$30 charge for the issuance of your American Red Cross certificate. This course is conducted in 3 parts. Part 1 and Part 2 are conducted via Live Online Instruction.</p> <p><b><i>It is required to complete Part 1 &amp; 2. Once completed, an instructor will register you for the in-person skills testing to complete your certification.</i></b></p> <p>Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.</p>	<p>Live Online Instruction</p> <p>The skills testing class will be held in person. Instructors will follow the American Red Cross safety guidelines regarding COVID-19</p>		<p>Register here: <a href="https://forms.gle/eiADR6NzPuJW3qZV6">https://forms.gle/eiADR6NzPuJW3qZV6</a></p>	



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<p><b>Class 1: Thursday, Nov 12th</b> 5:30pm to 8:30pm</p> <p><b>Class 2: Saturday, Nov 14th</b> 9:00am to 4:00pm</p> <p><b>Class 3: Thursday, Nov 19th</b> 5:30pm to 8:30pm</p>	<p><b>RFT Class 1, 2, &amp; 3- Resource Family Pre-Service Training</b></p> <p><b>(B, T) – Must register to attend.</b> Please request translation services at the time of registration.</p> <p>Mandatory training for anyone wanting to become a Resource Family. This is a training series. <b>Please note: Each adult must complete the entire series for certification</b> and “RFT Follow-Up Training within one month of licensing.</p> <p>Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1705 para hacer una solicitud.</p>	<p>Live Online Instruction</p>	<p>Judy Martin</p>	<p><b>Must register to attend</b></p> <p>Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW or call (805) 781-1705</p>	
<p><b>Friday, Nov 13th</b> 9:00am to 12:00pm</p>	<p><b>TBRI- Trust Based Relational Intervention for Caregivers</b></p> <p><b>(T)</b></p> <p><b>Part 2 - Connecting</b></p> <p>Learn what secure attachment looks like between children and caregivers, as well as gain hands on ways to build a connection with your child that disarms fear, gains trust, and enhances learning, while building attachment. Understand the impact attachment history can have on children’s behavior and gain insight and awareness</p>	<p>Live Online Instruction</p>	<p>Cynthia Fletcher/Dori lunker</p>	<p>Register here: <a href="https://forms.gle/qXhbTGn5dUQu7Wyt6">https://forms.gle/qXhbTGn5dUQu7Wyt6</a></p>	



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		about how our own attachment history influences the way we care for children.			
<b>Friday, Nov 20th</b> <b>9:00am-12:00pm</b>		<b>Child Welfare Academy (CWA):</b> <b>“Mental Health Issues in Foster Care”</b> Participants will explore three statistics regarding mental health issues of children in out of home care; and three ways regarding how to advocate for mental health services. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowksi, LMFT, Karen Jason, both fost/adopt parents, and Christina, FFY and CSEC Survivor	Register here: <a href="https://forms.gle/yzGV6mtRan3nky57">https://forms.gle/yzGV6mtRan3nky57</a>
<b>Friday, Nov 20th</b> <b>12:30pm-3:30pm</b>		<b>Child Welfare Academy (CWA):</b> <b>“Caring for Children that have Sustained Severe Trauma”</b> We will identify three behaviors associated with complex trauma; and will discuss three intervention strategies on how to reduce a child’s behavior dysregulation. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowksi, LMFT, Karen Jason, both fost/adopt parents, and Christina, FFY and CSEC Survivor	Register here: <a href="https://forms.gle/qysgaUoCvayPiKGy5">https://forms.gle/qysgaUoCvayPiKGy5</a>
<b>Saturday, Nov 21<sup>st</sup></b> <b>1:30pm-4:30pm</b>		<b>Child Welfare Academy (CWA):</b> <b>“Caring for Children with Prenatal Drug Alcohol Exposure and Their Behaviors”</b> We will identify the resulting behavior challenges; Strategies & Tools to create cooperation and set your child up for	Live Online Instruction	Lori Switanowksi, LMFT, Karen Jason, both fost/adopt parents, and Christina, FFY	Register here: <a href="https://forms.gle/2RyuYHKqrZPAVugU9">https://forms.gle/2RyuYHKqrZPAVugU9</a>



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		successful learning experiences at school; and Strategies for getting cooperation with chores, daily activities and relationships. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.		and CSEC Survivor	

**VIA ZOOM – TBD “RFT Pre-Service, Tier II Topics, and OFR” – via Zoom coming soon.**

**VIA ZOOM – TBD Spanish Classes are available via Live Instruction on many topics! Location: email [mfelicia@cuesta.edu](mailto:mfelicia@cuesta.edu) to get link to register and for location.**

**VIVO DE ZOOM – TBD Muchas clases de espanol estan disponibles a traves de la instruccion en vivo de Zoom!**

**Envie un correo electronico a [mfelicia@cuesta.edu](mailto:mfelicia@cuesta.edu) para recibir un enlace para registrarse en una clase.**

Definition of a Specialized Home: OFR, ISFC, Shelter Home, or any other definition provided by DSS other than Resource Family.

Workshops are open to the community, but priority will be given to Resource Families – Foster or Adoptive Parents, Relative/Kinship Care Givers, ILP/YESS youth, and Professionals that work with the population.

**Please RSVP at least two (3) days prior to a workshop/event, so we ensure the right resources are available to facilitate the class.**

**Workshops may be cancelled due to lack of attendance.**