



County of San Luis Obispo, Department of Social Services
ONGOING RESOURCE FAMILY TRAINING CALENDAR
October 2020



B= Bilingual services available upon request T= Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
By appointment only		Livescan/RFT Fingerprinting To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.			
Saturday, Oct 3rd 10:00am to 12:00pm		C.S.E.C. – Human Trafficking – Overview and Prevention Adults Supporting Youth with Challenging Pasts, Strategies and Skills in working with and loving children from difficult places.	Live Online Instruction	Dr. Judy Osterhage	To Register, email: judy@parentingmattersconsulting.com
Tuesday, Oct 6th 6:30pm to 9:30pm		RFT Tier II – Transitions Open Discussion and review of Resource Family Pre-Service Training topics, with Q&A time available at the end of the workshop. This workshop will cover Returning Home (exit from placement TDM, 30 day trial home visit, expecting escalating behaviors and how to manage them.); Moving from one home to another (make sure all belongings go with the child, preparing the child for the move, preparing yourself and other children in your home for the move.); Exiting placement to adulthood/AB12; and How to support older foster youth. Attendance is MANDATORY for all Resource Families in order to get the training on each topic.	Live Online Instruction		Register here: (805) 781-1705
Wednesdays Oct 7th, 14th, 21st & 28th 9:00am to 11:00am		SPARK- Successful Parenting at Risk Kids (T, B) This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively parent children with behavioral issues; Life skills training; and case management and visitations. This is open to all and	Live Online Instruction Additionally worksheets will be required for	Stephanie Wilson, LMFT	Register here: (805) 781-1705



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		fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes, OFR and ISFC homes.	this training.		
Part 1: Wed, Oct 7th 4:00pm to 7:00pm AND Part 2: Thursday, Oct 8th 4:00pm to 7:00pm		CPR, AED & First Aid (B, T) Adult and Pediatric CPR, AED & First aid – American Red Cross 2-year Certification. This class is free, however, if you are NOT a Resource Family, there will be a \$30 charge for the issuance of your American Red Cross certificate. This course is conducted in 3 parts. Part 1 and Part 2 are conducted via Live Online Instruction. <i>It is required to complete Part 1 & 2. Once completed, an instructor will register you for the skills testing.</i> Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.	Live Online Instruction The skills testing class will be held in person. Instructors will follow the American Red Cross safety guidelines regarding COVID-19		Register here: https://forms.gle/RyuQiCB4i1axYubN9
Class 1: Thursday, Oct 15th 5:30pm to 8:30pm Class 2: Saturday, Oct 17th 9:00am to 4:00pm Class 3: Thursday, Oct 22nd		RFT Class 1, 2, & 3- Resource Family Pre-Service Training (B, T) - <i>Please request translation services at the time of registration.</i> Mandatory training for anyone wanting to become a Resource Family. This is a training series. Please note: Each adult must complete the entire series for certification and "RFT Follow-Up Training within one month of licensing. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame	Live Online Instruction	Judy Martin & Holly Campbell	Must register to attend Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW or call (805) 781-1705



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5:30pm to 8:30pm		al 781-1705 para hacer una solicitud.			
Friday, Oct 16th 9:00am-12:00pm		Child Welfare Academy (CWA): “Self Regulation with Toddlers through Teens” Participants will explore how to teach their children how to identify emotions and we will discuss tools to regulate big feelings and sudden emotions. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowksi, LMFT, Karen Jason, both fost/adopt parents, and Christina, FFY and CSEC Survivor	Register here: https://forms.gle/VUt2ErckMLs7N3LD6
Friday, Oct 16th 12:30pm-3:30pm		Child Welfare Academy (CWA): “Understanding Autism Spectrum Disorders” We will identify three types of Autism Spectrum Disorders; list three symptoms; and explore three intervention techniques. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowksi, LMFT, Karen Jason, both fost/adopt parents, and Christina, FFY and CSEC Survivor	Register here: https://forms.gle/KEHyo72x9gubGHw6A
Saturday, Oct 17th 9:00am-12:00pm		Child Welfare Academy (CWA): “How to Engage Your Child in Visits Using Zoom” We will identify 5 tools to keep your child engaged in the Virtual Visit; Identify 3 ways to set the visit up for success; and examine 3 ground rules of CA Courts for virtual visits. Strongly recommended for caregivers, professionals working with our population, SWs and ISTC homes. These trainings are MANDATORY for specialized homes.	Live Online Instruction	Lori Switanowksi, LMFT, Karen Jason, both fost/adopt parents, and Christina, FFY and CSEC Survivor	Register here: https://forms.gle/4sBxzv3NzuAomaFG6



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Saturday, Oct 17th 9:00am to 12:00pm		TBRI- Trust Based Relational Intervention for Caregivers (T) Intro & Overview Gain a deeper understanding of TBRI (Trust Based Relational Intervention) an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. We will touch on the 3 sets of TBRI principles; Connecting, Correcting and Empowering. Learn about the impact of a child's history on their long-term development and gain practical intervention strategies.	Live Online Instruction	Cynthia Fletcher/Dori lunker	Register here: https://forms.gle/PeBKAkjbZUSZQj498
Thursday, Oct 22nd 6:30pm-8:30pm		Hot Topic! – “If You Ever Wanted to Crawl in the Closet with an Oreo” This month's book is titled – “If You Ever Wanted to Crawl in the Closet with an Oreo” by Mary Kate Downy. We will finish up with “Drowning With My Hair On Fire” and start to explore “If You Ever Wanted to Crawl in the Closet with an Oreo” – tips for parenting a child with special needs: If you're looking for a fine example of a literary masterpiece...you have the wrong book! However, if you're the parent of a child who comes in a little different “flavor” (special needs type) and you're looking for survival techniques to keep you sane...You've just found the perfect book! Also, a	Live Online Instruction		Register here: https://forms.gle/jVis1ewJ5c2RET9E9



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		sneak peek at October's book titled "Chicken Soup for the Soul". Strongly recommended for caregivers, professionals working with our population and SWs. Everyone will receive the book FREE along with next month's book			
TBD	6:30pm to 8:30pm	"Resource Family Informational Meeting" Information will be provided about becoming a licensed Resource Family in San Luis Obispo County. This meeting is MANDATORY prior to attending the RFT Tier I training/certification. This will be conducted over the phone. You must RSVP to register for this and subsequent RFT Tier I training/certification. The Facilitator will contact those registered and set up one-on-one appointments.	Via the phone	Cynthia Fletcher	Register here: (805) 781-1705
Due to COVID-19, classes have been PAUSED		RFA Tier II, Class 5 (T)	NA	NA	NA
Due to COVID-19, classes have been PAUSED		OFR- Options For Recovery (T)	NA	NA	NA
Due to COVID-19, classes have been PAUSED		RFCS- Resource Family Case Support (T)	NA	NA	NA

VIA ZOOM – TBD "RFT Pre-Service, Tier II Topics, and OFR" – via Zoom coming soon.

VIA ZOOM – TBD Spanish Classes are available via Live Instruction on many topics! Location: email mfelicia@cuesta.edu to get link to



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register and for location.

VIVO DE ZOOM - TBD Muchas clases de español estan disponibles a traves de la instruccion en vivo de Zoom!

Envie un correo electronico a mfelicia@cuesta.edu para recibir un enlace para registrarse en una clase.

Definition of a Specialized Home: OFR, ISFC, Shelter Home, or any other definition provided by DSS other than Resource Family.

Workshops are open to the community, but priority will be given to Resource Families – Foster or Adoptive Parents, Relative/Kinship Care Givers, ILP/YESS youth, and Professionals that work with the population.

Please RSVP at least two (3) days prior to a workshop/event, so we ensure the right resources are available to facilitate the class.