



County of San Luis Obispo, Department of Social Services  
**ONGOING RESOURCE FAMILY TRAINING CALENDAR**  
**July 2020**



**B=** Bilingual services available upon request **T=** Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
By appointment only		<b>Livescan/RFT Fingerprinting</b> To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.			
Due to COVID-19, classes have been <b>PAUSED</b>		<b>RFA Tier II, Class 5</b> <b>(T)</b> Topic: Adoption. This is a highly recommended training series for any newly licensed RFA home. Each month focuses on a different topic. Series Topics Include: Resource Family Best Practices, Organization for Resource Parents, Working with Birth Parents & Visitation, Transitions, Adoptions, and Trauma (TBRI-Trauma series).	NA	NA	NA
Due to COVID-19, classes have been <b>PAUSED</b>		<b>OFR- Options For Recovery</b> <b>(T)</b> Class 1: PHN-Keys to Caregiving, Care of the Low threshold Infant, Substance Exposed and Premature- Class 2: PHN- Blood Borne Pathogens, Universal Precautions, HIV, SIDS Class 3: Drug & Alcohol- The Addiction cycle and its Effect on the Brain Class 4: OFR Parents/DSS Staff- Supports, Respite, etc.	NA	NA	NA
Due to COVID-19, classes have been <b>PAUSED</b>		<b>RFCS- Resource Family Case Support</b> <b>(T)</b> Topic - Case Discussions. This workshop is therapeutic in nature and topics will include strategies to work within the system in a	NA	NA	NA



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		positive manner, overcoming obstacles in your case plan; how to advocate for the children in your care; overview of community resources. This is open to all Resource Families (foster or adoptive parents, and kinship care providers).			
This will be on a one-on-one basis when needed.		<b>Resource Family Information Meeting</b> We invite you to attend this informational meeting to learn how to become a Resource Family to children in our community (formerly known as Fostering, or being a Foster Parent). This meeting will take you through the process of becoming a Resource Family, designed to help you make that decision.	Due to COVID-19, trainer will contact those registered to set up a one-on-one phone appointment	Cynthia Fletcher	(805) 781-1705
Held via Online Foster College. In order to register, see registration number.		<b>RFT Class 1, 2, &amp; 3- Resource Family Training</b> <b>(B, T) - Please request translation services at the time of registration.</b> Mandatory training for anyone wanting to become a Resource Family. This is a training series. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1805 para hacer una solicitud.	Due to COVID-19, Training will take place through Online Foster Parent College. Internet access and an email account are required.	Online Foster Parent College (website)	Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW.
Held via Online Foster College. In order to register, see registration number.		<b>Trauma Informed Training</b> <b>(T, B)</b> "Trauma Informed Parenting" Explores how parents can care for a child while being sensitive to his or her past traumatic experiences. [Also available in Spanish]	Due to COVID-19, Training will take place through Online Foster Parent College. Internet access and an email account is required.	Online Foster Parent College (website)	Call your assigned RFA Social Worker to register, or call (805) 781-1700 and ask for your RFA SW.



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These are held on a one-on-one basis when needed.		<p><b>SPARK- Successful Parenting at Risk Kids (T, B)</b></p> <p>Bilingual services offered, please request at time of registration.</p> <p>SPARK is an ongoing parenting series designed to provide training and practical tools for parents. SPARK is highly recommended for Resource Families and Kinship Care Providers.</p> <p><b>TOPICS INCLUDE:</b> Scream Free Parenting, Identifying Behavior in Both Infants and Children, How you can effectively Parent Children with Behavioral Issues, Life Skills Training, and Case Management and Visitations.</p>	<p>Due to COVID-19, classes will be held via Zoom (video chat)</p> <p>Additionally worksheets will be required for this training</p>	Stephanie Wilson	<p>(805) 234-4484</p> <p>Call this number to set up an appointment.</p>
<p><b>Part 1</b> 7/8/20</p> <p><b>Part 2</b> 7/9/20</p> <p><b>Part 3</b> TBD</p>	<p>4:00pm via Zoom</p> <p>4:00pm via Zoom</p> <p>TBD</p>	<p><b>CPR &amp; 1<sup>st</sup> Aid (B, T)</b></p> <p>Adult and Pediatric CPR &amp; 1<sup>st</sup> aid – American Red Cross 2-year Certification.</p> <p>It is required to complete Part 1 &amp; 2. Once completed, an instructor will register you for the skills testing.</p> <p>Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.</p>	<p>Due to COVID-19, classes will be held via Zoom (video chat).</p> <p>The skills testing class will be held in person. Instructors will follow the American Red Cross safety guidelines regarding COVID-19</p>	American Red Cross	(805) 781-1705
7/10/20	9:00am-12:00pm	<p><b>TBRI- Trust Based Relational Intervention (T)</b></p> <p><b>Session 2:</b> Connecting</p> <p>We will highlight the 3 sets of TBRI principles: Connecting, Correcting, and</p>	Zoom training	Cynthia Fletcher/Dori luncker	<a href="mailto:Dori@gracecentralcoast.org">Dori@gracecentralcoast.org</a>



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		Empowering. Learn about the impact of a child's history on their long-term development and gain practical intervention strategies. This is class #1 in a series of 4.			
<b>7/17/20</b> Session 1 and Session 2	Session 1: 9am-12pm  Session 2: 12:30pm-3:30	<b>CWA- Child Welfare Academy</b> <b>(T)</b> <b>7/17/20 Topic:</b> <ul style="list-style-type: none"> <li>- <b>Session 1:</b> Understanding your IEP rights during COVID-19 times</li> <li>- <b>Session 2:</b> Protecting your Child on the Internet</li> </ul>	Due to COVID-19, training will be done via Zoom (video chat)	TBD	To register for CWA on either day, please email Mimi Feliciano-Hix at <a href="mailto:mfelici@cuesta.edu">mfelici@cuesta.edu</a>
<b>7/18/20</b>	1pm-4pm	<b>7/18/20 Topic:</b> How to Handle Parental Burnout going into the Summer during COVID-19 Times			
Due to COVID-19, trainer will send books/materials to those registered		<b>Hot Topic- "Book Club"</b> <b>(T)</b> Book: "Anger Management Workbook for Kids: by Samantha Snowden. 50 fun activities to help children stay calm and make better choices when angry.  Objectives: to openly discuss difficult subjects using literary words. To provide the knowledge and tools necessary to help a child heal. To Empower resource parents with real life techniques and helpful information. <b>EVERYONE WILL RECEIVE A BOOK FOR FREE!</b>	N/A	Judy Martin	(805) 781-1705