



County of San Luis Obispo, Department of Social Services
ONGOING RESOURCE FAMILY TRAINING CALENDAR



MAY 2020 Revised 5/15/20

B= Bilingual services available upon request T= Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
By appointment only		Livescan/RFT Fingerprinting To book a reservation at the DSS Human Resources office, contact your RFA Social Worker to be scheduled for fingerprinting.			
Due to COVID 19, classes have been PAUSED		TBRI Specialized Training: Sensory World (B, T) (Part of the TBRI training series). Part of the required trainings for those wanting to become a specialized home. Anyone who works with our youth are also welcome to attend these specialized trainings.			
Due to COVID 19, classes have been PAUSED		RFA Tier II, Class 5 (T) Topic: Adoption. This is a highly recommended training series for any newly licensed RFA home. Each month focuses on a different topic. Series Topics Include: Resource Family Best Practices, Organization for Resource Parents, Working with Birth Parents & Visitation, Transitions, Adoptions, and Trauma (TBRI-Trauma series).			
Due to COVID 19, classes have been PAUSED		OFR- Options For Recovery (T) Class 1: PHN-Keys to Caregiving, Care of the Low threshold Infant, Substance Exposed and Premature- Class 2: PHN- Blood Borne Pathogens, Universal Precautions, HIV, SIDS Class 3: Drug & Alcohol- The Addiction cycle and its Effect on the Brain Class 4: OFR Parents/DSS Staff- Supports, Respite, etc.			
Due to COVID 19, classes have been PAUSED		RFCS- Resource Family Case Support (T) Topic - Case Discussions. This workshop is therapeutic in nature and topics will include strategies to work within the system in a positive manner, overcoming obstacles in your case plan; how to advocate for the children in your care; overview of community resources. This is open to all Resource Families (foster or adoptive parents, and kinship care providers).			



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DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
5/1 – 5/31		Resource Family Information Meeting We invite you to attend this informational meeting to learn how to become a Resource Family to children in our community (formerly known as Fostering, or being a Foster Parent). This meeting will take you through the process of becoming a Resource Family, designed to help you make that decision.	Due to Covid 19, trainer will contact those registered to set up a one-on-one phone appointment	Cynthia Fletcher	805-781-1705
5/1 – 5/31 (3 classes)		RFT Class 1, 2, & 3- Resource Family Training (aka: Pre-Service) (B, T) Please request translation services at the time of registration. Mandatory training for anyone wanting to become a Resource Family. This is a training series. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1805 para hacer una solicitud.	Due to Covid 19, Training will take place through Online Foster Parent College. Internet access and an email account are required.	Online Foster Parent College (website)	Call your assigned RFA Social Worker to register, or call 781-1700 and ask for your RFA SW.
5/1-5/31		Trauma Informed Training (T, B) “Trauma Informed Parenting” Explores how parents can care for a child while being sensitive to his or her past traumatic experiences. [Also available in Spanish]	Due to Covid 19, Training will take place through Online Foster Parent College. Internet access and an email account is required.	Online Foster Parent College (website)	Call your assigned RFA Social Worker to register, or call 781-1700 and ask for your RFA SW.
05/06 Or 5/11	6p-9 1p-4	CSEC 101 (prevention-intervention) (T) Training on the Commercial Sexual Exploitation of Children trade. <ul style="list-style-type: none"> • Awareness • Identification • Prevention • Parenting Survivors 	Due to Covid 19, training will be done via Zoom (video chat)	Through FKCE	805-781-1705



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DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
5/12 5/13 5/19 Spanish speaking class	4pm-7 4pm-7 4pm-10	CPR & 1st Aid (B, T) Adult and Pediatric CPR & 1 st aid – American Red Cross 2-year Certification. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.	Due to Covid 19, classes will be held via Zoom (video chat). The skills portion of this training requires in person training and will be completed at a later time when it is safe to do so. 5/19 Class: will be held at DSS 3565 Empleo St, SLO. Social Distancing safety measures will be put in place.	American Red Cross	805-781-1705
5/13	7:30pm-8:30	Foster/Adoptive Parent Support & Networking Opportunity NEW (T)	Via Zoom	Cynthia Fletcher & Dori Iunker	Dori@GracecentralCoast.org
5/13, 5/20, 5/27 classes continue in June	9am-11 (6 sessions)	SPARK- Successful Parenting at Risk Kids (T, B) Bilingual services offered, please request at time of registration. SPARK is an ongoing parenting series designed to provide training and practical tools for parents. SPARK is highly recommended for Resource Families and Kinship Care Providers. TOPICS INCLUDE: Scream Free Parenting, Identifying Behavior in Both Infants and Children, How you can effectively Parent Children with Behavioral Issues, Life Skills Training, and Case Management and Visitations.	Due to Covid 19, classes will be held via Zoom (video chat)	Stephanie Wilson	805-781-1705



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DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
5/15	Two Sessions: 9am-12 And 12:30-3:30 pm	CWA- Child Welfare Academy (T) Session 1: Dealing with ADHD in the COVID-19 era 1. Participants will understand 3 parts of the brain that are impacted of an ADHD child 2. Participants will learn 3 intervention techniques on how to structure their ADHD child 3. Participants will list 3 ways to reduce their stress in parenting your ADHD child Session 2: Recognizing Anxiety and Depression in our Children 1. Participants will be able to list 3 symptoms of both anxiety and depression. 2. Participants will understand how a change in routine impact children. 3. Participants will learn 3 intervention strategies of how to help reduce anxiety and depression symptoms.	Due to Covid 19, training will be done via Zoom (video chat)	Lori Switanowski	805-781-1705
5/27	7:30pm-8:30	Foster/Adoptive Parent Support & Networking Opportunity NEW (T)	Via Zoom	Cynthia Fletcher & Dori lunker	Dori@ Gracecentral Coast.org
5/28	9am-11 or 6:30pm-8:30	Hot Topic- "Book Club" (T) Book: "No Drama Discipline" by Daniel Siegel- the whole brain way to calm the chaos and nurture your child's developing mind. Objectives: to openly discuss difficult subjects using literary words. To provide the knowledge and tools necessary to help a child heal. To Empower resource parents with real life techniques and helpful information. EVERYONE WILL RECEIVE A BOOK FOR FREE!	Due to Covid 19, trainer will send books/materials to those registered	Judy Martin	805-781-1705