



County of San Luis Obispo, Department of Social Services
ONGOING RESOURCE FAMILY TRAINING CALENDAR
SEPTEMBER 2019 – Revised 8/30/19



CC= Childcare available upon request F= Food provided B= Bilingual services available upon request T= Meets ongoing RFA training hours

DATE	TIME	TOPIC	LOCATION	TRAINER	RSVP TO
	By appointment only	LIVESCAN - RFT Fingerprinting <ul style="list-style-type: none"> To book a reservation at the DSS Human Resources office, call 781-1825, between Mon-Fri, 9am-5pm. Appointments are limited to only a few days a month, and fill up quickly. OR <ul style="list-style-type: none"> To book a reservation at the County Office of Education, call 782-7208. They are located across the street from Cuesta College Campus in SLO. 			
9/3	9am-12pm OR 6pm-9pm	RFA Tier II – Training Series (CC, T) Topic: Working with Bio Parents & Visitation This is a highly recommended training series for any newly licensed RFA home. Each month focuses on a different topic. <i>Topics Include; Resource Family Best Practices, Organization for Resource Parents, Working with Birth Parents & Visitation, Transitions, Adoptions, and Trauma (TBRI-Trauma series).</i>	DSS- 3563 Empleo St, SLO, Conference 2	Judy Martin	781-1705
9/4	6pm-8pm	Resource Family Information Meeting We invite you to attend this informational meeting to learn how to become a Resource Family to children in our community (formerly known as Fostering, or being a Foster Parent). This meeting will take you through the process of becoming a Resource Family, designed to help you make that decision.	DSS- 3433 S Higuera, San Luis Obispo, Room 101 (next to the fenced in courtyard)	Cynthia Fletcher or Jackie French	781-1705
9/4, 9/11, 9/18, 9/25	9am-12	OFR Training (CC, B, T) This is a half-day training, and is a series of 4 classes. It is designed for RFA's needing OFR Certification. Those not wanting OFR certification are welcome to attend, and can choose one or all of the 4 topics. Class 1- Keys to Caregiving. Class 2-Blood Borne Pathogens, Universal Precautions, HIV, SIDS. Class 3- The Addiction Cycle and its Effect on the Brain. Class 4- OFR Parents/DSS Staff Panel discussion and questions on respite and other supports for Resource Families.	DSS 3563 Empleo St, SLO, Conference 2	DSS: Lynn Juel.& Nicola Love OFR: Joann Scott Drug & Alcohol: Monica Clipperton Retired PHN: Melissa Lovett-Adair, and Alice Bodlak PHN	781-1705
8/28, 9/4, 9/11, 9/18, 9/25	9am-11am (5-sessions)	SPARK- Successful Parenting At Risk Kids (CC, T, B) Bilingual services offered, please request at time of registration. SPARK is an ongoing parenting series	DSS – 3563 Empleo St, SLO, Conference 2	Stephanie Wilson	781-1705



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		designed to provide training and practical tools for parents. SPARK is highly recommended for Resource Families and Kinship Care Providers. TOPICS INCLUDE: Scream Free Parenting, Identifying Behavior in Both Infants and Children, How you can effectively Parent Children with Behavioral Issues, Life Skills Training, and Case Management and Visitations.			
9/5	4pm-10pm	CPR & 1st Aid (CC, B, T) Adult and Pediatric CPR & 1 st aid – American Red Cross 2-year Certification. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud. <i>Bring your dinner-Microwave and refrigerator available for your use.</i>	9/5 Class: DSS-3563 Empleo St, SLO, Conference 1	American Red Cross	781-1705
9/14	9am-3pm	9/14 Class: DSS- 3433 S. Higuera, San Luis Obispo, Room 101 (next to the fenced in courtyard)			
9/5	6pm-8pm	TBRI Specialized Training: Levels of Response (3-12 yr olds) part II (CC, B, T) (Part of the TBRI training series). Part of the required trainings for those wanting to become a specialized home. Anyone who works with our youth are also welcome to attend these specialized trainings.	Both Classes: DSS-3563 Empleo St, SLO, Conference 1	Dot Lynch	781-1705
9/7	10am-1pm				
9/10	6pm-8pm	Foster Parent Association Meeting/Mixer (T) (Children are welcome to attend) Open to Resource Families, Relative caregivers, professionals who work with our specialized population, or anyone wanting to volunteer. This is a great opportunity to connect to other Resource Families and resources in our community!	Sands Inn & Suites, 1930 Monterey St, San Luis Obispo (in the breakfast room)	Marylud Baldwin	781-1705
9/12, 9/14, 9/19	6pm-9pm	RFT (Resource Family Training)- Class #1, #2 & #3 (CC, F, B, T) Mandatory training for anyone wanting to become a Resource Family. This is a 3-class training series. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1805 para hacer una solicitud.	ABC Church, 6225 Atascadero Ave, Atascadero	Judy Martin	781-1705
	9am-4pm				
	6pm-9pm				
9/13/19	9am-12pm	RFCS- Resource Family Case Support (CC, T)	DSS-3563 Empleo St, SLO, Conference 1	Stefanie Wilson	781-1705



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		Topic- Case Discussions. This workshop is therapeutic in nature ad topics will include strategies to work within the system in a positive manner, overcoming obstacles in your case plan, how to advocate for the children in your care, overview of community resources. This is open to all Resource Families, foster or adoptive parents and Kinship care providers.			
9/20	9am-3pm	CWA (Child Welfare Academy) (CC, F, T) Friday Topic: Building Academic Resiliency. <ul style="list-style-type: none"> Recognizing Trauma & Triggers in school Learn strategies to help your youth cope in the academic environment such as using praise as a powerful tool to build academic resilience Learn the breathing patterns that can both increase and decrease anxiety and ways to help your student become their own advocate 	9/20: ABC Church, 6225 Atascadero Ave, Atascadero	Alysha Nye	781-1705
9/21	9am-3pm	Saturday Topic: Skills and Resources to Achieve Academic Success. <ul style="list-style-type: none"> Utilizing the Community to Achieve Success Learn study skills and resources to help your student develop strategies to be college ready Become familiar with Cuesta College Student Services and other community resources 	9/21: DSS-3563 Empleo St, SLO, Conference 1	Alysha Nye	781-1705
9/23	9am-12	Faith In Motion (FIM) (CC, F, Bi-Lingual) Secondary Trauma and Self Care: Living with, caring for and loving children from hard places can take a toll an any parent. Learn what secondary trauma is and how it differs from primary trauma. Explore signs of secondary trauma, and consequences of ignoring these signs. Discover how you can care for both physical and spiritual well-being as parents.	GraceSLO , on the corner of Pismo and Osos, across from Mitchell Park in SLO.	Daniel Carlisle	781-1705
9/26	9am-11am Or 6:30p-8:30p	Hot Topic- “Book Club” (T) NO CHILDCARE AVAILABLE. This month’s book is titled: “I Can Do Hard Things” by Gabi Garcia- introducing positive mantras to find inner strength.	Morning Location: DSS-3563 Empleo St, SLO, Conference 1	Judy Martin	781-1705



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Everyone will receive the book FREE!!			Evening Location: Plymouth Church, 1301 Oak St, Paso Robles		
9/27	9am-11am	OFR Family Staff Meeting (Options for Recovery) (CC, T) These are required for OFR Homes. Discussion includes; The OFR Program, OFR respite, reimbursement, OFR support, OFR community resources, and group discussion regarding the benefits of mentoring birth parents.	DSS- 3563 Empleo St., San Luis Obispo, Conference 2	Nicola Love	781-1705
9/28	9am-3	RFT Follow-Up (T) NO CHILDCARE AVAILABLE. You have completed your RFT classes, now what? This is designed to be attended right after your completion of RFT Tier I training, where you can bring your questions, concerns, or just have a conversation regarding resource parenting. Highly recommended for the newly licensed resource/kinship home as well as an invitation for current resource families to come and share you knowledge with our growing resource community. This is HIIGHLY RECOMMENDED for newly licensed Resource/Kinship home, as well as an invitation of current Resource Families to come and share your knowledge with our growing Resource Family community. Please pre-register to attend.	DSS- 3563 Empleo St., San Luis Obispo, Conference 2	Judy Martin	781-1705
9/28 & 9/29	9am-4pm (both)	RFT Weekend Certification Training (CC, T) This is an additional 2-day training offered on the weekend for those who are unable to attend the 3-class RFT Series. This will be a crunch course that is normally taught in 3 days. This is a mandatory training for anyone wanting to become a Resource Family.	DSS- 3563 Empleo St, SLO, Conference 1	Judy Martin	781-1705