



**FAMILY CARE
NETWORK**



SAN LUIS OBISPO COUNTY
INDEPENDENT LIVING PROGRAM

JULY – DECEMBER 2019
CALENDAR OF EVENTS



ILP SERVICES

The Independent Living Program (ILP), provides services to San Luis Obispo County foster and probation youth 14 to 21 years of age. The Independent Living Program prepares youth for life after emancipation by empowering youth through life skills development, supportive services, community linkage and social connections to successfully transition into independent living.

ILP Case Managers provide one to one support with each youth targeting individual needs. ILP Case Managers support youth with accomplishing goals within several life domains: Educational Planning; Employment/ Job Skills and Career Planning; Financial Planning; Health and Wellness; Personal and Community Resources; Permanent Supportive Relationships; Housing Resources; and Independent Living.

The San Luis Obispo County Independent Living Program partners with Cuesta College to provide Life Skills and YESS classes. Youth are provided with incentives and certificates of completion for every section of Life Skills and YESS classes attended and completed. These classes disseminate information, enhance skills, include youth in activity development, are entertaining, interactive, exciting and FUN!

For more information, please contact the Independent Living Program Supervisor.

SAN LUIS OBISPO ILP STAFF



ILP SUPERVISOR
Marie Hughes
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LEAD ILP CASE MANAGER
Celia Wooster
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ILP CASE MANAGER
Raquel Haven
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ILP CASE MANAGER
Bart Bodrian
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ILP CASE MANAGER
Mary Marzano
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LIFE SKILLS

TUESDAYS • 5:30-7:30PM
Contact: Raquel Haven at 805.574.9354

Life Skills Class is designed for youth between the ages of 16 and 18. You will have the opportunity to explore career and educational goals, build money management skills, learn the life skills needed to become independent, and build lasting relationships.

YOUTH EMPOWERMENT STRATEGIES FOR SUCCESS (YESS)

WEDNESDAYS • 5:30-7:30PM
Contact: Bart Bodrian at 805.270.9657

YESS is designed to empower youth ages 18 to 21 to successfully transition into adulthood. Topics of discussion include daily life skills, employment, education and financial literacy. Sessions are held in a group setting and participation is critical to the success of the program.

CALIFORNIA YOUTH CONNECTION (CYC)

1ST & 3RD MONDAYS OF EVERY MONTH • 4:00 – 5:00PM
Contact: sanluisobispochapter@calyouthconn.org

CYC is a youth-run advocacy group that works to improve the foster care and probation systems. You will have the opportunity to advocate on behalf of all foster and probation youth and make a difference! Plus, go on trips to fun places and meet new friends.

SPEAKER'S BUREAU

Contact: Celia Wooster at 805.540.1591

Speaker's Bureau is an opportunity to share your voice with the community. Work with ILP Staff to develop your public speaking skills while making a difference and earning a stipend for your participation.

CASA'S MENTOR PROGRAM

Contact: Heidi Turbow at 805.541.6542

Mentors can help coach youth in many life skills. Get to know a supportive adult volunteer who can help advocate for your needs. CASA's Mentor Program is for local foster youth ages 18 to 24. They can help with educational plans, employment, personal development and fun hobbies.

JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <i>CYC Meeting</i> 4:00-5:00pm Email for Location*	2	3	4	5	6
7	8	9	10	11	12	13
14	15 <i>CYC Meeting</i> 4:00-5:00pm Email for Location*	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	<p>Life Skills & YESS Pick-Up Locations & Times Paso: McDonald's by Wal-Mart • 4:30pm Atascadero: Starbucks by Vons • 5:00pm SLO: Library • 5:15pm AG: Park & Ride • 4:50pm *CYC Email: Sanluisobispochapter@calyouthconn.org</p>		

AUGUST 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Life Skills & YESS Pick-Up Locations & Times

Paso: McDonald's by Wal-Mart • 4:30pm

Atascadero: Starbucks by Vons • 5:00pm

SLO: Library • 5:15pm

AG: Park & Ride • 4:50pm

***CYC Email:** Sanluisobispochapter@calyouthconn.org

1

Making Proud Choices
5:30-7:30pm
1030 Southwood Dr., SLO
(ages 14-24)

2

3

4

5

CYC Meeting
4:00-5:00pm
Email for Location*

6

7

8

Making Proud Choices
5:30-7:30pm
1030 Southwood Dr., SLO
(ages 14-24)

9

10

11

12

13

14

15

Making Proud Choices
5:30-7:30pm
1030 Southwood Dr., SLO
(ages 14-24)

16

17

18

19

CYC Meeting
4:00-5:00pm
Email for Location*

20

21

22

Making Proud Choices
5:30-7:30pm
1030 Southwood Dr., SLO
(ages 14-24)

23

24

25

26

27

28

29

Making Proud Choices
5:30-7:30pm
1030 Southwood Dr., SLO
(ages 14-24)

30

31

SEPTEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <i>CYC Meeting</i> 4:00-5:00pm Email for Location*	3	4	5	6	7
8	9	10	11 <i>Life Skills & YESS Kickoff</i> 5:30-7:30pm Location: TBD	12	13	14
15	16 <i>CYC Meeting</i> 4:00-5:00pm Email for Location*	17 <i>Life Skills Class: Independence</i> 5:30-7:30pm Cuesta College-SLO Building 4700	18 <i>YESS Class: Independence</i> 5:30-7:30pm Cuesta College-SLO Building 4700	19	20	21
22	23	24 <i>Life Skills Class: Cooking a Meal</i> 5:30-7:30pm Cuesta College-SLO Building 4700	25 <i>YESS Class: Cooking a Meal</i> 5:30-7:30pm Cuesta College-SLO Building 4700	26	27	28
29	30	<p>Life Skills & YESS Pick-Up Locations & Times Paso: McDonald's by Wal-Mart • 4:30pm Atascadero: Starbucks by Vons • 5:00pm SLO: Library • 5:15pm AG: Park & Ride • 4:50pm</p> <p>*CYC Email: Sanluisobispochapter@calyouthconn.org</p>				

OCTOBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <i>Life Skills Class:</i> Independence 5:30-7:30pm Cuesta College-SLO Building 4700	2 <i>YESS Class:</i> Independence 5:30-7:30pm Cuesta College-SLO Building 4700	3	4	5
6	7 <i>CYC Meeting</i> 4:00-5:00pm Email for Location*	8 NO CLASS	9 NO CLASS	10 <i>College & Career Exploration</i> 5:30-7:30pm Family Care Network (ages 14-24)	11	12
13	14	15 <i>Life Skills Class:</i> Education 5:30-7:30pm Cuesta College-SLO Building 4700	16 <i>YESS Class:</i> Education 5:30-7:30pm Cuesta College-SLO Building 4700	17	18	19
20	21 <i>CYC Meeting</i> 4:00-5:00pm Email for Location*	22 <i>Life Skills Class:</i> Cooking a Meal 5:30-7:30pm Cuesta College-SLO Building 4700	23 <i>YESS Class:</i> Cooking a Meal 5:30-7:30pm Cuesta College-SLO Building 4700	24	25	26
27	28	29 <i>Life Skills Class:</i> Education 5:30-7:30pm Cuesta College-SLO Building 4700	30 <i>YESS Class:</i> Education 5:30-7:30pm Cuesta College-SLO Building 4700	31	Life Skills & YESS Pick-Up Locations & Times Paso: McDonald's by Wal-Mart • 4:30pm Atascadero: Starbucks by Vons • 5:00pm SLO: Library • 5:15pm AG: Park & Ride • 4:50pm *CYC Email: Sanluisobispochapter@calyouthconn.org	

NOVEMBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Life Skills & YESS Pick-Up Locations & Times

Paso: McDonald's by Wal-Mart • 4:30pm

Atascadero: Starbucks by Vons • 5:00pm

SLO: Library • 5:15pm

AG: Park & Ride • 4:50pm

***CYC Email:** Sanluisobispochapter@calyouthconn.org

1

2

3

4

CYC Meeting
4:00-5:00pm
Email for Location*

5

Life Skills Class:
Education
5:30-7:30pm
Cuesta College-SLO
Building 4700

6

YESS Class:
Education
5:30-7:30pm
Cuesta College-SLO
Building 4700

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12

Life Skills Class:
Education
5:30-7:30pm
Cuesta College-SLO
Building 4700

13

YESS Class:
Education
5:30-7:30pm
Cuesta College-SLO
Building 4700

14

15

16

17

18

CYC Meeting
4:00-5:00pm
Email for Location*

19

NO CLASS

20

NO CLASS

21

TAYSGiving
5:30-7:30pm
Family Care Network
(ages 14-24)

22

23

24

25

26

NO CLASS

27

NO CLASS

28

29

30

DECEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <i>CYC Meeting</i> 4:00–5:00pm Email for Location*	3 <i>Life Skills Class:</i> <i>'Tis the Season</i> 5:30–7:30pm Cuesta College–SLO Building 4700	4 <i>YESS Class:</i> <i>'Tis the Season</i> 5:30–7:30pm Cuesta College–SLO Building 4700	5	6	7
8	9	10 <i>Life Skills Class:</i> <i>Cooking a Meal</i> 5:30–7:30pm Cuesta College–SLO Building 4700	11 <i>YESS Class:</i> <i>Cooking a Meal</i> 5:30–7:30pm Cuesta College–SLO Building 4700	12	13	14
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22	23	24 NO CLASS	25 NO CLASS	26	27	28
29	30	31 NO CLASS	<p><i>Life Skills & YESS Pick-Up Locations & Times</i> Paso: McDonald's by Wal-Mart • 4:30pm Atascadero: Starbucks by Vons • 5:00pm SLO: Library • 5:15pm AG: Park & Ride • 4:50pm *CYC Email: Sanluisobispochapter@calyouthconn.org</p>			



Family Care Network, Inc.
1255 Kendall Road
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