

## ACTIVE PARTICIPATION INCLUDES:

- Meeting with a Case Manager at least once a month
- Attending monthly Independent Life Skills Development Workshops
- Attending ILP Social Events
- Offering suggestions, ideas and input regarding your ILP services and needs
- Representing ILP by promoting a positive reputation and responsible behavior
- Diligently working towards accomplishing the goals outlined in your Transitional Independent Living Plan (TILP) or Supportive Transitional Emancipation Program (STEP)



## SLO COUNTY CONTACTS

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## SB COUNTY CONTACTS

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## FAMILY CARE NETWORK, INC.

San Luis Obispo | 1255 Kendall Road  
Santa Maria | 222 W. Carmen Lane, Ste. 105  
Santa Barbara | 105 E. De La Guerra, Ste. 7

Revised: 2/27/19



# INDEPENDENT LIVING PROGRAM



**FAMILY CARE NETWORK, INC**

## OVERVIEW

- The Independent Living Program (ILP) provides you with services and activities that incorporate your unique needs and culture to help you become self-sufficient following your emancipation from the foster care system.
- ILP can also provide you with services until your 21st birthday to assist you in your transition to adult independence.
- You can be referred to ILP by your County Social Worker or Probation Officer.



## ILP FOCUSES ON:

- Academic planning
- Job readiness skills and career development/planning
- Referrals and assistance to promote health and wellbeing
- Referrals to available mentors and mentoring programs
- Independent living skills
- Financial resources and money management
- Housing resources
- Personal and community resources
- Permanent, supportive relationships



## ILP OFFERS:

- Support in your transition towards emancipation, self-sufficiency, independence and achieving your goals
- One-on-one case management
- Support based on your individual needs and unique culture
- Fun, exciting and interactive workshops that provide essential life skills training to help you become more self-sufficient
- Linkage to your community
- Opportunities to build positive relationships
- Opportunities to obtain leadership skills and to advocate for yourself and others

## ELIGIBILITY

Youth 16 to 21 years of age who are in foster care or were in foster care at the age of 16 either through Child Welfare Services or Juvenile Probation are eligible for ILP services. Santa Barbara and San Luis Obispo Counties also provide services to youth starting at 14 years of age.