



County of San Luis Obispo, Department of Social Services  
**ONGOING RESOURCE FAMILY TRAINING CALENDAR**



**OCTOBER 2018**

CC= Childcare available upon request F= Food provided B= Bilingual services available upon request T= Meets ongoing RFA training hours

| DATE   | TIME                                   | TOPIC   | LOCATION  | TRAINER                | RSVP TO  |
|--|--|---|---|------------------------|----------|
| 10/3, 10/24<br>Wednesdays<br><br><b>NO CLASS<br/>ON 10/10,<br/>10/17, OR<br/>10/31</b> | 9am-11am                               | <b>SPARK- Successful Parenting At Risk Kids (CC,T, B)</b> Bilingual services offered, please request at time of registration. SPARK is an ongoing parenting series designed to provide training and practical tools for parents. SPARK is highly recommended for Resource Families and Kinship Care Providers. TOPICS INCLUDE: Scream Free Parenting, Identifying Behavior in Both Infants and Children, How you can effectively Parent Children with Behavioral Issues, Life Skills Training, and Case Management and Visitations.                       | All Classes- DSS, 3563 Empleo St, SLO, Conf #2  | Stephanie Wilson, LMFT | 781-1705 |
| 10/3<br>Wednesday<br>&<br>10/6<br>Saturday   | 6pm-8pm Part I<br><br>10am-1pm Part II | <b>Specialized Training (TBRI) - “A Sensory World” (CC, B,T)</b><br>Recommended to take both classes, however you can take just one. Anyone who works with our youth are welcome to attend these specialized trainings.   | Both Classes: DSS, 3563 Empleo St, SLO, Conf #1   | Dot Stauble            | 781-1705 |
| 10/4<br>Thursday<br>or<br>10/20/18<br>Saturday   | 4pm-10pm<br><br>9am-3pm                | <b>CPR &amp; 1<sup>st</sup> Aid (CC, B, T)</b><br>Adult and Pediatric CPR & 1 <sup>st</sup> aid – American Red Cross 2-year Certification. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1815 para hacer una solicitud.<br><i>Bring your lunch/dinner-Microwave and refrigerator available for your use.</i>  | <b>10/4:</b> DSS, 3563 Empleo St, SLO, Conf #1<br><br><b>10/20:</b> DSS, 3433 S. Higuera, SLO, Room 101 (next to fenced in courtyard) | American Red Cross     | 781-1705 |
| 10/6<br>Saturday   | 2:30 – 5:30 pm                         | <b>RFT Fingerprinting (Live Scan)</b><br>Fingerprinting is mandatory for those going through initial Resource Family Training (RFT), or for licensed homes needing re-certification. Services offered through the County of San Luis Obispo Social Services and Cuesta College FKCE program, at no cost to families who are working with County of SLO Social Services. Sign-ups provided in 15-minute time slots. <b>NO childcare provided</b> , however, children are welcome to attend as long as an adult supervises them. Call 781-1705 to register. | DSS- 3563 Empleo St, San Luis Obispo, Conf #3   | Jan Tallman, DSS       | 781-1705 |



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|  |                                       | <p><b>Additional ways to get fingerprinted:</b></p> <ul style="list-style-type: none"> <li>To book a reservation at the DSS Human Resources office, call 781-1825, between Mon-Fri, 9am-5pm. Appointments are limited to only a few days a month, and fill up quickly.</li> <li>To book a reservation at the County Office of Education, call 782-7208. They are located across the street from Cuesta College Campus in SLO.</li> </ul> |   |                    |          |
| 10/9<br>Tuesday                            | 9am-12pm<br>Or<br>6pm-9pm             | <p><b>RFA Tier II (CC, T)</b><br/>           "Insert title of class"<br/>           This is a Highly recommended training series for any newly licensed RFA home. Each month focuses on a different topic. Topics Include; Resource Family Best Practices, Organization for Resource Parents, Working with Birth Parents &amp; Visitation, Transitions, Adoptions, and Trauma (TBRI series).</p>   | <p><b>AM</b> – DSS, 3563 Empleo St, SLO, Conf #2<br/><br/> <b>PM</b>- DSS, 3563 Empleo St, SLO, Conf #2</p> | Judy Martin        | 781-1705 |
| 10/9<br>Tuesday                            | 6pm-8pm                               | <p><b>Foster Parent Association Meeting/Mixer (T)</b> (Children are welcome- family atmosphere)<br/> <b>(No childcare available at evening class)</b><br/>           Open to Resource Families, Relative caregivers, professionals who work with our specialized population, or anyone wanting to volunteer. This is a great opportunity to connect to other Resource Families and resources in our community.</p>                       | Sands Inn & Suites, 1930 Monterey St, San Luis Obispo (in the breakfast room)                               | Mimi Feliciano-Hix | 781-1705 |
| 10/11<br>Thursday<br><br>10/13<br>Saturday | 6pm-9pm<br><br>9am-4pm<br><br>6pm-9pm | <p><b>RFT (Resource Family Training)- Class #1, #2 &amp; #3 (CC, F, B, T)</b><br/>           Mandatory training for anyone wanting to become a Resource Family. This is a 3-class training series home. Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1805 para hacer una solicitud.</p>   | Grace Bible Church, 100 Rodeo St, Arroyo Grande   | Judy Martin        | 781-1705 |



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| 10/18<br>Thursday            |                               |   |  |                                    |          |
| 10/15/18<br>Monday           | 6pm-8pm                       | <b>Resource Family Information Meeting</b><br>We invite you to attend this informational meeting to learn how to become a Resource Family to children in our community (formerly known as Fostering, or being a Foster Parent). This meeting will take you through the process of becoming a Resource Family, designed to help you make that decision.  | DSS- 3433 S Higuera, San Luis Obispo, Room 101 (next to the fenced in courtyard)                         | Cynthia Fletcher or Angella Holmes | 781-1705 |
| 10/19/18<br>Friday- Part I   | 9am-3pm                       | <b>CWA (Child Welfare Academy) PART 1 – FRIDAY</b><br>“Creating Cooperation, Self-esteem and Attachment in your Strong Willed Child”<br><b>(CC, F,T) NO CHILDCARE PROVIDED ON SATURDAY</b>  | <b>10/19:</b> ABC Church, 6225 Atascadero Ave, Atascadero  | Lori Switanowski                   | 781-1705 |
| 10/20/18<br>Saturday- Part 2 | 9am-3pm<br><br>CONTINUED      | In most families time-outs and consequences for poor behavior are typically the majority of interactions in many families. Unfortunately these interactions lead to power struggles and discord between the parent and their child. Participants will learn and practice how to use play and praise/rewards techniques to address many of their child's poor habits and behaviors.<br><b>CWA (Child Welfare Academy) PART 2 – SATURDAY</b><br>“Creating your Dream Child”<br><b>(T) NO CHILDCARE PROVIDED ON SATURDAY</b><br>How to teach your Child to Follow the Rules and Take Responsibility for their Actions. Participants will receive hands-on training and practice in learning how to set clear limits, have consistent-follow through and the ability to ignore and redirect annoying behaviors. | <b>10/20:</b> DSS, 3563 Empleo St, SLO, Conf #1  |                                    |          |
| 10/25/18<br>Thursday         | 9am-11am<br>Or<br>6:30p-8:30p | <b>Hot Topic- “Twenty Things Adopted Kids Wish Their Adopted Parents Knew”</b><br><b>(T) NO CHILDCARE AVAILABLE.</b><br>This month’s book is titled: “Twenty Things Adopted Kids Wish Their Adopted Parents Knew” by Sherrie Eldridge.  | <b>AM:</b> DSS, 3563 Empleo St, SLO, Conf #1<br><br><b>PM:</b> Plymouth Church, 1301 Oak St, Paso Robles | Judy Martin                        | 781-1705 |



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|                   |          | <b>Everyone will receive a FREE copy of the book.</b>  |  |                        |          |
| 10/26<br>Friday   | 9am-12pm | <b>RFCS- Resource Family Case Support (CC, T)</b><br>This workshop is therapeutic in nature and topics will include strategies to work within the system in a positive manner, overcoming obstacles in your case plan, how to advocate for the children in your care, overview of community resources. This is open to all Resource Families, foster or adoptive parents and Kinship care providers.   | DSS, 3563 Empleo St, SLO, Conf #1              | Stephanie Wilson, LMFT | 781-1705 |
| 10/26<br>Friday   | 9am-11am | <b>OFR Family Staff Meeting (Options for Recovery) (CC, T)</b><br>These are mandatory meetings for OFR Homes. Discussion includes; The OFR Program, OFR respite, reimbursement, OFR support, OFR community resources, and group discussion regarding the benefits of mentoring birth parents.  | DSS- 3563 Empleo St., San Luis Obispo, Conf #2 | Nicola Love            | 781-1705 |
| 10/27<br>Saturday | 9am-3pm  | <b>RFT Follow UP (T) NO CHILDCARE AVAILABLE.</b><br>You have completed your RFT classes, now what? This is designed to be attended right after your completion of RFT Tier I training, where you can bring your questions, concerns, or just have a conversation regarding resource parenting. Highly recommended for the newly licensed resource/kinship home as well as an invitation for current resource families to come and share your knowledge with our growing resource community. This is HIGHLY RECOMMENDED for newly licensed Resource/Kinship home, as well as an invitation of current Resource Families to come and share your knowledge with our growing Resource Family community. Please pre-register to attend. | DSS- 3563 Empleo St, San Luis Obispo, Conf #3  | Judy Martin            | 781-1705 |