



Cuesta College Foster and Kinship Care Education Program

Workshops - November 2018

Free Workshops: Please note RSVP/ contact telephone number and please leave a current e-mail address to get the flyer e-mailed to you. The flyer is also posted on SLOFOSTERCARE.COM and on the Cuesta College FKCE FB Page.

Thursday Nov 1st

4:00pm - 10:00pm

(or earlier finish if possible)

"CPR/FA/AED"- Adult and Pediatric - (bilingual class/ Spanish)

RSVP to (805) 781-1705

American Red Cross 2-year Certification – This class is free, however, if you are NOT a Resource Family, there will be a \$29 charge for the issuance of your American Red Cross certificate. Please bring a check.

Bring your own dinner – and we can have a working dinner and finish earlier if possible. Space is limited.

Location: DSS located at 3563 Empleo in SLO, Conference Room #1

Saturday Nov 3rd

10:00am – 1:00pm

"Discovery Day at Cuesta College"

FREE Family Event... Science and Art Hands-On activities and stage presentations. Featuring BANDA PERLA GITANA.

Location: Cuesta College Paso Robles Campus, 2800 Buena Vista Dr., Paso Robles, CA

Saturday Nov 3rd

11:00am – 12:00pm

"Curious Parent Forum - Childhood Nutrition and Feeding"

RSVP to (805) 474-3000 x1229

Guest Expert: Jessica Gust, Ms. RDN, Child Nutrition Expert

Parenting is far from easy, and often times there is so much information at our fingertips that is can be confusing and overwhelming. The C.P.F. allows parents the opportunity to ask local experts direct questions about relevant parenting topics.

Location: Arroyo Grande Public Library, 800 W. Branch St., Arroyo Grande, CA

Saturday Nov 3rd

2:00pm – 5:00pm

And

"TBRI - Levels of Response (3-12 yr. Old's)"

RSVP to (805) 781-1705

(TBRI is a 4-part training series and all 4 workshops in the series are required for those wanting to become a specialized home.) The following topics will be discussed: Taking the Bad out of Behavior, Building Blocks for Behavioral Change, Laying the Foundation, Building a Trusting Relationship, Scripting New Behavior, Rethinking Discipline, Levels of Response and Celebrating change. **These trainings are MANDATORY for specialized homes.** Anyone who works with our youth are welcome to attend. The November 3rd class will be an introduction. Bring your own lunch or dinner to each session.

Location: DSS located at 3563 Empleo in SLO, Conference Room #1

Wednesday Nov 7th

6:00pm - 8:00pm



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Saturday Nov 3rd
2:30pm – 5:30pm

“Resource Family Pre-Service Training - FINGERPRINTING”

RSVP to (805) 781-1705

Fingerprinting is mandatory for those going through initial Resource Family Training (RFT), or for licensed homes needing re-certification. Services offered through the County of San Luis Obispo Social Services and Cuesta College FKCE program, at no cost to families who are working with the County of SLO Social Services. **NO childcare will be provided.**

Location: DSS located at 3563 Empleo in SLO, Conference Room #2

Tuesday Nov 6th
9:00am - 12:00pm
6:00pm - 9:00pm

“STAR - Support, Training, and Advocacy for Resource Families” - RFA Tier II

Presented by: Judy Martin, Resource parent, Mentor, and Foster Parent Association Treasurer. Open Discussion and review of Resource Family Pre-service Training topics, with Q&A time available at the end of the workshop. The importance of building your support team and Navigating the System, networking and mentoring. You will also receive practical tools to be used in the home; Information about Trauma Informed Parenting; Discipline Strategies; Working with Birth Parents and Visitation; Transitions; Time Management; the Adoption Timeline; Suicide Prevention and Medication storage.

Attendance is MANDATORY for all Resource Families at least once per quarter.

Location: DSS located at 3563 Empleo in SLO, Conference Room #2.

RSVP to (805) 781-1705

Wednesdays
Nov 7th, 14th, & 28th
9:00am - 11:00am

“Successfully Parenting at Risk Kids - Scream Free Parenting” – Stephanie Wilson, LMFT

(This 8-week series begins in August; however, you can join at any time)

RSVP to (805) 781-1705

This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively Parent children with behavioral issues; Life skills training; and case management and visitations. This is open to all and fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes and OFR homes.

Location: DSS located at 3563 Empleo in SLO, Conference Room #2. Childcare upon timely RSVP

Thursday Nov 8th
6:00pm - 9:00pm
Saturday Nov 10th
9:00am - 4:00pm
Thursday Nov 15th
6:00pm - 9:00pm

“Resource Family Pre-Service Training”

RSVP to (805) 781-1705

This series is part of the Resource Family licensing procedures for SLO County Department of Social Services. **Must pre-register to attend.** Childcare is available upon request.

Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1805 para hacer una solicitud. **Please note: Each adult must complete the entire series for certification and “RFT Follow-Up” Training within one month of licensing.**

Location: TBD – in North County - Childcare provided with a timely RSVP



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Tuesday Nov 13th
6:00pm - 8:00pm

"Foster Parent Association Meeting/ Mixer" - Everyone is invited! RSVP to (805) 781-1705
(Open to Resource Families, Relative caregivers, Professionals that work with our specialized population, or anyone wanting to volunteer!) **This is Membership renewal time!**
An overview of the Foster Parent Association and the amazing Resources available to members. Family friendly. Please bring a snack to share with others.
Location: Sands Inn and Suites, 1930 Monterey Street in SLO - Breakfast room.

Friday Nov 16th
9:00am - 3:00pm

"CWA - Working with DSS" RSVP to (805) 781-1705
DSS Personnel and Lori Switanowski, LMFT
Topics to be discussed: Transitions, Concurrent Plans, working with Birth Parents and Extended Family.
Location: ABC Church, 6225 Atascadero Mall Rd. in Atascadero - Childcare provided with a timely RSVP
The Options for Recovery – Family Staff Meeting will immediately follow this Event!

Friday Nov 16th
12:30pm - 3:00pm

"Options for Recovery - Family Staff Meeting" RSVP to (805) 781-1705
These are mandatory meetings for OFR Homes. This session is for OFR Families and DSS Staff to discuss the OFR Program, OFR respite, reimbursement, OFR support, OFR community resources, and group discussion regarding the benefits of mentoring birth parents.
Location: ABC Church, 6225 Atascadero Mall Rd. in Atascadero - Childcare provided with a timely RSVP

Saturday Nov 17th
9:00am - 3:00pm

"CPR/FA/AED"- Adult and Pediatric - (bilingual class/ Spanish) RSVP to (805) 781-1705
American Red Cross 2-year Certification - This class is free, however, if you are NOT a Resource Family, there will be a \$29 charge for the issuance of your American Red Cross certificate. Please bring a check.
Bring your own food for this session as well as food for your child if you will be taking advantage of childcare - Space is limited.
Location: DSS located at 3433 S. Higuera St in SLO, Room 101 on side of bldg. - Please note new location

Saturday Nov 17th
9:00am - 3:00pm

"Resource Family Pre-Service Training - Tools For The Trade" RSVP to (805) 781-1705
You've completed your licensing, Now What?? This fourth Saturday is open to all. Bring your questions, concerns, or just have a conversation regarding Resource Parenting. This is highly recommended for the newly licensed Resource/Kinship home as well as an invitation for current Resource Families to come and share your knowledge with our growing Resource Family community. You are welcome to attend Fingerprinting (see below) at any time during this training. It should only take 10 minutes.
Please pre-register to attend. NO Childcare will be available.
Please note: Each adult must complete the entire series for certification
Location: DSS located at 3563 Empleo in SLO, Conference Room #3



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Saturday Nov 17th
9:00am - 4:30pm

"Options for Recovery- Specialized All-day OFR Certification Training" [RSVP to \(805\) 781-1705](tel:8057811705)
This session will include Blood-Borne Pathogens; HIV; Hep C; Universal Precautions; AIDS; The Addiction Cycle and its Effects on the Brain; OFR Respite Reimbursement; Mentoring Birth Parents; Keys to Caregiving; Care of the Low Threshold Infant; Substance Exposed and Premature. This workshop is part of the OFR certification training. Please bring your folders with information from the prior trainings. These are mandatory meetings for OFR Homes. This session is for OFR Families and DSS Staff to discuss the OFR Program, OFR respite, reimbursement, OFR support, OFR community resources, and group discussion regarding the benefits of mentoring birth parents.
Location: DSS in SLO at 3563 Empleo in SLO. Conference Room #2
Childcare will be provided. Lunch break will be from 12:30pm – 1:30pm

Monday Nov 19th
6:00pm - 8:00pm

"Resource Family Informational Meeting" - [RSVP to \(805\) 781-1705](tel:8057811705)
Information will be provided about becoming a licensed Resource Family in San Luis Obispo County.
Location: DSS in SLO at 3433 S. Higuera St, in SLO, Room 101.

Monday Nov 26th
9:00am - 12:00pm

"Trauma Informed Care - Healing Strategies for Children Exposed to Trauma" [RSVP to \(805\) 781-1705](tel:8057811705)
Presented by Ron Huxley
Healing strategies for traumatized children involve helping children heal within the spiritual atmosphere of the home. Let's explore strategies that create compassion and loving kindness in our children and ourselves. Transform negative atmosphere into hope-filled realities.
Location: Grace Central Coast, 1350 Osos Street in SLO. Childcare and light refreshments upon RSVP.

Thursday Nov 29th
9:00am – 11:00am

"Hot Topic! - Twenty Things Adopted Kids Wish Their Adopted Parents Knew" [RSVP to \(805\) 781-1705](tel:8057811705)
This month's book is titled – Twenty Things Adopted Kids Wish Their Adopted Parents Knew by Sherrie Eldridge. We will finish up with "The Mystery of Risk" and start to explore "Twenty Things Adopted Kids Wish Their Adopted Parents Knew".
The voices of adopted children are poignant, questioning. And they tell a familiar story of loss, fear, and hope. This extraordinary book, written by a woman who was adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment, and shame. **Everyone will receive the book FREE along with next month's book!**

Or

6:30pm – 8:30pm

Strongly recommended for caregivers, professionals working with our population and SWs.
Morning Location: DSS at 3563 Empleo in SLO, Conference Room #1
Evening Location: Plymouth Church, 1301 Oak St in Paso Robles
For this evening class, feel free to bring your own dinner. Childcare will **NOT** be provided



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Friday Nov 30th
9:00am - 12:00pm

"Resource Family Case Support (RFCS)", Stephanie Wilson, LMFT **RSVP to (805) 781-1705**
Topic - Case Discussions. This workshop is therapeutic in nature and topics will include strategies to work within the system in a positive manner, overcoming obstacles in your case plan; how to advocate for the children in your care; overview of community resources. This is open to all Resource Families (foster or adoptive parents, and kinship care providers). **These trainings are MANDATORY for specialized homes.**
Location: DSS located at 3563 Empleo in SLO, Conference Room #1

Workshops are open to the community, but priority will be given to Resource Families- Foster or Adoptive Parents, Relative/ Kinship Care Givers, and ILP youth.

Please specify your category at the time of your call/e-mail plus your first name, last name, E-mail, and phone number.

Please RSVP at Least one week prior to a workshop/event, so that we have enough training materials for everyone.

Workshops may be cancelled due to lack of attendance. More workshops may be added to this calendar as needed.

RESERVE YOUR SPACE NOW! CALL MIMI AT FKCE – (805) 546-3156 OR LEANN AT (805) 781-1705

OR E-MAIL YOUR RSVP TO LEANN AT LBOOKER@CO.SLO.CA.US OR MIMI AT MFELICIA@CUESTA.EDU

PLEASE VISIT WWW.SLOFOSTERCARE.COM FOR MORE ACTIVITIES AND INFORMATION

PLEASE CONTACT THE SLO FPA TO BECOME A MEMBER!

