



Cuesta College Foster and Kinship Care Education Program

Workshops - August 2018

Free Workshops: Please note RSVP/ contact telephone number and please leave a current e-mail address to get the flyer e-mailed to you. The flyer is also posted on SLOFOSTERCARE.COM and on the Cuesta College FKCE FB Page.

Thursday Aug 2nd
4:00pm - 10:00pm

"CPR/FA/AED"- Adult and Pediatric - (bilingual class/ Spanish) [RSVP to \(805\) 781-1705](tel:8057811705)
American Red Cross 2-year Certification – This class is free, however, if you are NOT a Resource Family, there will be a \$29 charge for the issuance of your American Red Cross certificate. Please bring a check.
Bring your own dinner - Space is limited.
Location: DSS located at 3563 Empleo in SLO, Conference Room #1

Saturday Aug 4th
10:00am – 1:00pm
And

"TBRI - Levels of Response (3-12 yr. Old's)" [RSVP to \(805\) 781-1705](tel:8057811705)
(TBRI is a 4-part training series and all 4 workshops in the series are required for those wanting to become a specialized home.) The following topics will be discussed: Taking the Bad out of Behavior, Building Blocks for Behavioral Change, Laying the Foundation, Building a Trusting Relationship, Scripting New Behavior, Rethinking Discipline, Levels of Response and Celebrating change. Anyone who works with our youth are welcome to attend. The August 4th class will be an introduction. Bring your own lunch or dinner to each session.
Location: DSS located at 3563 Empleo in SLO, Conference Room #1

Wednesday Aug 8th
6:00pm - 8:00pm

Tuesday Aug 7th
9:00am - 12:00pm
6:00pm - 9:00pm

"STAR - Support, Training, and Advocacy for Resource Families" - RFA Tier II
Presented by: Judy Martin, Resource parent, Mentor, and Foster Parent Association Treasurer.
Open Discussion and review of Resource Family Pre-service Training topics, with Q&A time available at the end of the workshop. The importance of building your support team and Navigating the System, networking and mentoring. You will also receive practical tools to be used in the home; Information about Trauma Informed Parenting; Discipline Strategies; Working with Birth Parents and Visitation; Transitions; Time Management; the Adoption Timeline; Suicide Prevention and Medication storage. Attendance is MANDATORY for all Resource Families at least once per quarter.
Location: DSS located at 3563 Empleo in SLO, Conference Room #2. [RSVP to \(805\) 781-1705](tel:8057811705)
Childcare and light refreshments upon timely RSVP.

Tuesday Aug 7th
6:00pm - 9:00pm

"Foster Parent Association BBQ" [RSVP to \(805\) 781-1705](tel:8057811705)
Everyone is invited. You don't have to be a member to attend this event.
Location: Santa Margarita Park, 2210 H St, Santa Margarita



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Wednesdays

Aug 8th, 15th, 22nd & 29th
9:00am - 11:00am

“Successfully Parenting at Risk Kids - Scream Free Parenting” – Stephanie Wilson, LMFT
(This 8-week series begins in August; however, you can join at any time) [RSVP to \(805\) 781-1705](tel:8057811705)
This series of workshops will focus on Scream Free Parenting; Identifying behavior in both infants and children; How you can effectively Parent children with behavioral issues; Life skills training; and case management and visitations. This is open to all and fulfills requirements for court recommended parenting classes and required training hours for Specialized Homes and OFR homes.
Location: DSS located at 3563 Empleo in SLO, Conference Room #2. Childcare upon timely RSVP

Tuesday Aug 8th

6:00pm - 8:00pm

“Foster Parent Association Meeting/ Mixer” - Everyone is invited! [RSVP to \(805\) 781-1705](tel:8057811705)
(Open to Resource Families, Relative caregivers, Professionals that work with our specialized population, or anyone wanting to volunteer!) **This is Membership renewal time!**
An overview of the Foster Parent Association and the amazing Resources available to members. Family friendly. Please bring a snack to share with others.
Location: Sands Inn and Suites, 1930 Monterey Street in SLO - Breakfast room.

Saturday Aug 11th

9:00am - 3:00pm

“CPR/FA/AED” - Adult and Pediatric - (bilingual class/ Spanish) [RSVP to \(805\) 781-1705](tel:8057811705)
American Red Cross 2-year Certification - This class is free, however, if you are NOT a Resource Family, there will be a \$29 charge for the issuance of your American Red Cross certificate. Please bring a check. **Bring your own food for this session as well as food for your child if you will be taking advantage of childcare** - Space is limited.
Location: DSS located at 3563 Empleo in SLO, Conference Room #1 - **Please note new location**

Tuesday Aug 14th

6:00pm - 9:00pm

Saturday Aug 18th

9:00am - 4:00pm

Tuesday Aug 21st

6:00pm - 9:00pm

“Resource Family Pre-Service Training” [RSVP to \(805\) 781-1705](tel:8057811705)
This series is part of the Resource Family licensing procedures for SLO County Department of Social Services. **Must pre-register to attend.** Childcare is available upon request.
Los instructores que hablan español están disponibles en este entrenamiento. Por favor llame al 781-1805 para hacer una solicitud. **Please note: Each adult must complete the entire series for certification and “RFT Follow-Up” Training within one month of licensing.**
Location: First Baptist Church, 2075 Johnson Ave., in SLO.



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Friday Aug 17th
9:00am - 3:00pm

"CWA - The Importance of Love and Affection" – Part 1

[RSVP to \(805\) 781-1705](tel:8057811705)

Presented by: Lori Switanowski, LMFT and Founder of Our Family Comes First
Topics to be discussed: Strategies to intervene with challenging using positive, non-punitive methods; Empowering yourself as a parent, while taking care of yourself; Praise and Reward Strategies; How to intervene regarding poor school performance; and Advocating for your youth and building your team. Strongly recommended for caregivers, professionals working with our population and SWs.
Location: ABC Church, 6225 Atascadero Mall Rd. in Atascadero - Childcare provided with a timely RSVP

Friday Aug 17th
9:00am - 12:00pm

"Resource Family Case Support (RFCS)", Stephanie Wilson, LMFT

[RSVP to \(805\) 781-1705](tel:8057811705)

Topic - Case Discussions. This workshop is therapeutic in nature and topics will include strategies to work within the system in a positive manner, overcoming obstacles in your case plan; how to advocate for the children in your care; overview of community resources. This is open to all Resource Families (foster or adoptive parents, and kinship care providers).
Location: DSS located at 3563 Empleo in SLO, Conference Room #1

Saturday Aug 18th
9:00am - 3:00pm

"CWA - Drug and Alcohol Usage (as early as elementary school)" – Part 2

[RSVP to \(805\) 781-1705](tel:8057811705)

Presented by: Lori Switanowski, LMFT and Founder of Our Family Comes First
"Drug and Alcohol Usage": Topics to be discussed: Strategies to intervene with challenging using positive, non-punitive methods; Empowering yourself as a parent, while taking care of yourself; High Risk Behaviors; and Gang Affiliations and unhealthy friendships or relationships. Strongly recommended for caregivers, professionals working with our population and SWs.
Location: DSS located at 3563 Empleo in SLO, Conference Room # 1.

Monday Aug 20th
6:00pm - 8:00pm

"Resource Family Informational Meeting"-

[RSVP to \(805\) 781-1705](tel:8057811705)

Information will be provided about becoming a licensed Resource Family in San Luis Obispo County.
Location: DSS in SLO at 3433 S. Higuera St, in SLO, Room 101.

Thursday Aug 23rd
9:00am – 11:00am

"Hot Topic! - Born Broken: An Adoptive Journey"

[RSVP to \(805\) 781-1705](tel:8057811705)

This month's book is titled - Born Broken: An Adoptive Journey by Kristen Berry. We will finish up with "A Different Beautiful" and start to explore "Born Broken: An Adoptive Journey".
A must read for prospective adoptive and foster parents as well as those already in the trenches of caring for a child affected by Fetal Alcohol Syndrome and substance abuse, early childhood trauma, abandonment, and attachment issues. This book is an eyes-wide-open look into one family's adoption journey.

Or

6:30pm – 8:30pm

Everyone will receive the book FREE along with next month's book!

Location: DSS located at 3563 Empleo in SLO, Conference Room #1



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Friday Aug 24th
9:00am - 11:00am

"Options for Recovery - Family Staff Meeting"

RSVP to (805) 781-1705

These are mandatory meetings for OFR Homes. This session is for OFR Families and DSS Staff to discuss the OFR Program, OFR respite, reimbursement, OFR support, OFR community resources, and group discussion regarding the benefits of mentoring birth parents.

Location: DSS located at 3563 Empleo in SLO, Conference Room #2. Childcare will be provided with RSVP.

Saturday Aug 25th
9:00am - 3:00pm

"Resource Family Pre-Service Training - Tools For The Trade"

RSVP to (805) 781-1705

You've completed your licensing, Now What?? This fourth Saturday is open to all. Bring your questions, concerns, or just have a conversation regarding Resource Parenting. This is highly recommended for the newly licensed Resource/Kinship home as well as an invitation for current Resource Families to come and share your knowledge with our growing Resource Family community. You are welcome to attend Fingerprinting (see below) at any time during this training. It should only take 10 minutes.

Please pre-register to attend. NO Childcare will be available.

Please note: Each adult must complete the entire series for certification

Location: DSS located at 3563 Empleo in SLO, Conference Room #2

Saturday Aug 25th
12:00pm - 4:00pm

"Resource Family Pre-Service Training - FINGERPRINTING"

RSVP to (805) 781-1705

Fingerprinting is mandatory for those going through initial Resource Family Training (RFT), or for licensed homes needing re-certification. Services offered through the County of San Luis Obispo Social Services and Cuesta College FKCE program, at no cost to families who are working with the County of SLO Social Services. **NO childcare will be provided.**

Location: DSS located at 3563 Empleo in SLO, Conference Room #3.

Workshops are open to the community, but priority will be given to Resource Families- Foster or Adoptive Parents, Relative/ Kinship Care Givers, and ILP youth.

Please specify your category at the time of your call/e-mail plus your first name, last name, E-mail, and phone number.

Please RSVP at Least one week prior to a workshop/event, so that we have enough training materials for everyone.

Workshops may be cancelled due to lack of attendance. More workshops may be added to this calendar as needed.

RESERVE YOUR SPACE NOW! CALL MIMI AT FKCE – (805) 546-3156 OR LEANN AT (805) 781-1705

OR E-MAIL YOUR RSVP TO MIMI AT MFELICIA@CUESTA.EDU

PLEASE VISIT WWW.SLOFOSTERCARE.COM FOR MORE ACTIVITIES AND INFORMATION

PLEASE CONTACT THE SLO FPA TO BECOME A MEMBER!

