

San Luis Obispo County Department of Social Services

CWS Resource List

NEED	RESOURCE	TYPE OF SERVICE
Child Care	Child Care Resource Connection 805 A Fiero Lane, SLO 541-2272	Provides referrals to local child care providers, and administers the subsidized child care program for San Luis Obispo County.
	Child Development Center 1720 Bishop St, SLO 544-0801 CAPSLO Head Start Atascadero 466-0417 Five Cities 473-1657 Nipomo 929-3366 Paso Robles 238-5323 San Miguel 238-5323 SLO 594-1752 or 542-0320 Templeton 466-0417	Provides therapeutic interventions to strengthen families. Also provides subsidized childcare to for children ages 2-5. Offers a comprehensive program designed to promote school readiness for children birth through age 5. Full day or Part Day schedules available.
Clothing	Goodwill Industries 8310 El Camino Real #A, Atascadero 462-9010 15 Higuera, SLO 880 Industrial Way (Outlet) 544-4965 1020 Park St, Paso Robles 238-8499 1626 W. Grand Ave, Grover Beach 481-0278 North County Christian Thrift Store 7395 El Camino Real, Atascadero 466-1679 Operation School Bell Assistance League of San Luis Obispo County 782-0824 Salvation Army Clothes Closet Cambria 927-4044 540 Quintana Rd, Morro Bay 772-7062 815 Islay, SLO 544-2401	Gently used clothing available for purchase.
	Children's Resource Network English 709-5404 Spanish 202-8151 www.childrensresourcenetwork.org	Program provides children and with free clothing, blankets, books, backpacks, school supplies, diapers, toiletries and other items to meet their needs. All clothing and resources are free and accessible by any family or unaccompanied youth in need. Requests can be made online or by calling.
Counseling	Department of Behavioral Health (Mental Health) Adult Outpatient/Inpatient 2178 Johnson Ave, SLO 781-4700 Youth Services Outpatient/Day Treatment 1989 San Vicente, Bldg A, SLO 781-4179	Offers mental health services to the county's youth, adults, and senior citizens to help with personal, family or psychiatric issues. Clinics are located in North County, South County and San Luis Obispo. Offers both short term counseling and case management for ongoing counseling needs.
	South County Mental Health 354 S. Halcyon: Arroyo Grande 473-7060 Community Counseling Center 1129 Marsh St, SLO 543-7969 Peppertree Counseling Services 1322 Morro St, Ste B, SLO 545-9449 CalPoly Community Counseling Center 756-1532	
Emotional Concerns Behavioral Concerns Mental Health Services Family Relationships		Offers short term counseling services on a sliding fee scale basis.
CPR Classes	San Luis Obispo County Red Cross: 543-0696 San Luis Obispo County YMCA 543-8235	Provides training and certification in CPR and First Aid. Cost varies, call for more information.

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Mental and Emotional Support Services	National Alliance on Mental Illness, SLO County www.NAMISLO.org	Offers support and advocacy services for both those living with mental illness or family and friends of people with mental illness.
	Transitions-Mental Health Association 784 High St, SLO 540-6500	
	Alcoholics Anonymous 541-3211	Offers support for those struggling with issues with alcohol consumption.
	San Luis Obispo County Drug and Alcohol Services 3556 El Camino Real; Atascadero 461-6080	Offers a variety of programs to help people with challenges related to drug or alcohol abuse including walk in clinics, prevention programs, youth programs, and treatment and recovery services.
	Hospice of San Luis Obispo County 544-2266	Offers services to those suffering from the loss of a loved one, the serious illness of a loved one, or those who are suffering from a serious illness themselves.
	Respect Inspire Support Empower (RISE) Center www.riseslo.org 545-8888	Provides counseling, support and advocacy services for survivors of sexual assault and their loved ones. Also provides women's empowerment and self defense courses.
	Tri-Counties Regional Center 3450 Broad St. # 111, San Luis Obispo 543-2833 www.tri-counties.org	Provides support and services to those living with development disabilities.
Parenting Classes	Parent Connection of SLO County; 543-3700 www.sloparents.org	Parenting Classes and Family Resources – maintains list of parenting classes throughout county.
	Parenting Hotline English 904-1411 Spanish 462-7135	Professional parenting coaches are available to help answer your parenting questions and to provide support.
Permanency	Family Law Facilitator Program 1035 Palm St, SLO 546-3769	For assistance with guardianship paperwork.
Pregnancy and Reproductive Health Care	CAPSLO Health Services 705 Grand Ave, SLO 544-2478 1152 E. Grand Ave, Arroyo Grande 489-4026	CAPSLO Health Services offers comprehensive reproductive health care for men, women, and teens. CAPSLO offers pregnancy testing, contraceptives (including emergency contraception), STD testing and treatment, HIV testing and counseling, menopausal services, referral for free mammograms and yearly OBGYN exams including pap smears, breast exams and male exams. Most services are free or low cost and based on sliding fee scale.
	Public Health Department 2191 Johnson Ave, SLO 781-5500	Provides low cost health services including, immunizations, child health and disability prevention programs, nutrition counseling and more.
	SLO Hep C Project 1320 Nipomo St, SLO 543-4372	Provides support, counseling and services to SLO county residents living with Hep C.
	California Children's Services 2180 Johnson Ave, SLO 781-5527	Statewide program that treats children with medically eligible, chronic health conditions, diseases and physical limitations
	Planned Parenthood of San Luis Obispo 743 Pismo St, SLO 549-9459 Toll Free: 1-800-230-PLAN	Provides low or no cost reproductive health services such as pregnancy testing, contraception, and STD testing and treatment

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Pregnancy and Reproductive Health Care (contd)	Parent Connection of San Luis Obispo County www.sloparents.org 543-3700 First Time Mother's Program 788-2068 Parenting Help Line 904-1411	Provides services such as parenting classes, support groups, and parenting resources in your community.
	ALPHA 541-3367 Call for hours and locations www.sloalpha.org Postpartum Depression Support Line 541-3367	Pregnancy and parenting support, Postpartum Depression support
	Tree of Life Pregnancy 543-6000	Free Pregnancy Test, Pregnancy Support Services, Ultrasound, Community Referrals, Practical Items, Options Information all confidential. Does not provide abortions or abortion referrals.
	Lifeline Crisis Pregnancy 481-4987	Abortion Alternatives, Birth Control Information & Services, Human Services Organizations, Family Planning Information Centers
	Stayteen.org	The goal of Stay Teen is to encourage teens to enjoy their teen years and avoid the responsibilities that come with too early pregnancy and parenting. The more they know about issues like sex, relationships, abstinence, and birth control, the better prepared they'll be to make informed choices for their future.
	Bedsider.org	Bedsider.org (Bedsider) is an online birth control support network. Their goal is to help women find the method of birth control that's right for them and learn how to use it consistently and effectively.
	Social/Community Relationships	The SLO Down Org www.theslodown.org Parks and Recreation Arroyo Grande 473-5474 1221 Ash Atascadero 461-5000 Grover Beach 473-4580 154 S 8th St Morro Bay 772-6278 1001 Kennedy Way Nipomo 929-5437 Paso Robles 237-3994 San Luis Obispo 781-7300 1341 Nipomo St; YMCA of San Luis Obispo County 543-8235 1020 Southwood Dr, SLO; Pismo Beach House, 340 Pomeroy, Pismo773-4182 YMCA Teen Program 239-3047 600 Nickerson, Paso Robles

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Social/Community Relationships (contd.)	Atascadero Community Link 5805 G Capistrano	466-5465
	Atascadero Youth Task Force 5901 East Mall, Atascadero	466-5465
	North County Connection 8600 Atascadero Ave, Atascadero	462-8600
	Paso Robles Youth Task Force 840 10th St, Paso Robles	237-4086
	Friday Nite Live 2945 McMillan Ave Ste 136, SLO;	781-4289
	Boys & Girls Club of SLO County 1830 19th St, Oceano	481-7339
	Big Brother Big Sisters of SLO County	781-3226
	4-H Youth Development Program	781-5943
	Special Olympics of SLO County	544-6444
	Hospice 1304 Pacific, SLO;	544-2266
	Arroyo Grande Public Library 800 West Branch, AG	473-7161
	Atascadero Public Library 6850 Morro Rd, Atascadero	461-6161
	Cambria Public Library 900 Main, Cambria	927-4336
	Cayucos Public Library 248 S Ocean Ave, Cayucos	995-3312
	Creston Public Library 6290 Adams, Creston	237-3010
	Los Osos Public Library 2075 Palisades, Los Osos	528-1862
	Morro Bay Public Library 625 Harbor, Morro Bay	772-6394
	Nipomo Public Library 918 Tefft, Nipomo	929-3994
	Paso Robles Public Library 1000 Spring St, Paso Robles	237-3870
	San Luis Obispo Public Library 995 Palm St, SLO	781-5991
	San Miguel Public Library 254 13 th ST, San Miguel	467-3224
Santa Margarita Public Library 9630 Murphy Ave, Santa Margarita	438-5662	
Shandon Public Library 240 E Centre, Shandon	237-3009	
Simmler Public Library 13080 Soda Lake Rd, California Valley	475-2603	

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Substance Use/Abuse	San Luis Obispo County Drug and Alcohol Services 2180 Johnson Ave. 781-4753	Offers a variety of programs to help people with challenges related to drug or alcohol abuse including walk in clinics, prevention programs, youth programs, and treatment and recovery services.
	Alcoholics Anonymous 541-3211	
Transportation	National Runaway Safeline 1-800-786-2929	Provides free Greyhound transportation to runaway youth to assist them in returning home.
	Regional Transit Authority 781-4472	Local transportation agencies. Call for route information
	Ride On 541-2544	
	Runabout 541-2544	
	SLO Transit 541-2877	