

Options for Recovery
Foster & Reunification
Program



San Luis Obispo County's **Options for Recovery (OFR)** Program is one of only 12 in the state offering care for the children in need and mentoring services for birth parents. **OFR** caregivers are specially trained to care for children 0-5 years old who are HIV positive or substance exposed. **OFR** families also take part in intensive mentoring for the birth parents with the ultimate goal of reunification or placement in a permanent home.

OFR Foster Parents are trained to become part of a multidisciplinary team including social workers, substance abuse counselors and parenting coaches. Working with the children's birthparent as they pursue treatment is a critical aspect of the **OFR** Program.

***We are looking for homes that
are willing to:***

- ...commit to specialized training
- ...work intensively and hands-on to mentor biological parents while providing a safe and nurturing home for their children with the understanding that reunification is the ultimate goal of OFR
- ...be part of a professional team formed to support recovery of alcohol and other drug-affected families while promoting the safety and best interests of children

*For more information about the
Options for Recovery Foster
Care Program contact:*

*San Luis Obispo Department of
Social Services*

*Options for Recovery
3433 S. Higuera St.
P.O. Box 8119
San Luis Obispo, CA
805.781. 1705*



Changing the
world, one family at
a time.



What you need to know:

Every year, more than 400 children in San Luis Obispo County participate in foster care. 9 out of 10 of these children have been removed due to abuse and neglect associated with parental substance use and abuse. OFR is a reunification program that focuses on providing well trained foster homes that are willing and able to care for low-threshold infants **and** who will offer mentoring and guidance to the biological parents preparing them for and helping them toward the goal of reunification. These children and families need support and care to help them on their way to a healthy family. *Will you help?*

There is something you can do...

The **Options For Recovery Program (OFR)** intervenes with children at as early an age as possible, focusing on problems caused by parental substance use and abuse. At the same time, one or both parents work through an **OFR** Treatment Program in an intensive recovery effort. This offers both the child and the parents the best opportunity for recovery.

The purpose of any foster care placement is to ensure a permanent home for a child that is **safe and nurturing**, whether that means the child returns home or is placed in another permanent or adoptive home.

There is always a need for additional homes. For more information please contact:

Arya Jones

Options for Recovery

Foster Care Program
Department of Social Services
Family and Children's Services
Division
(805) 781-1705



OFR families receive:

Training: OFR Basic Training offers an in-depth look at caring for low-threshold babies, substance abuse and its effects on the family system and universal precautions training to prepare you for the care of special needs children.

Respite care: Up to 48 hours a month of paid child care is offered to **OFR** Foster Parents and Relative Caregivers.

Compensation: Depending upon the needs of the child, **OFR** Foster Parents and Relative Caregivers receive a specialized rate for each child placed *based on the needs of the child*.

Medical Services: The children placed in your home receive health insurance through Medi-Cal and Child Health and Disability Program.

Support Groups: Monthly support groups provided at no charge to parents that offer support and guidance from your peers and from a local LMFT.