

When Parenting, Traumatized Children Gets Real. Living in the Trenches #2

- Learn details regarding the impacts of caregiving for youth with trauma histories. This workshop will provide a supportive environment to process experiences, and learn resources and skills to keep caregivers going.
- The training will have two components- 1) a training/ support group to support caregivers of traumatized youth and 2) an independent structured support/processing group for youth with trauma histories.
- The Caregiver training will be led by Heather Anderson, MA, LMFT and parent of two adopted youth with trauma histories.
- Youth support group led by Katie Reed, MA, LMFT.
- The youth processing group is appropriate for youth who function at a developmental level between 8 years old and 17 years old. They need to be able to sit and participate in a fifty-minute group.
- There will also be childcare for youth who are unable to or do not want to participate in youth support group.
- This class is appropriate for parents of any children who have experienced trauma including foster and adopted youth.

Date: March 16th, 2017 from 5:30- 7:30 PM; check-in and dinner at 5:15 PM.

Location: New Life Pismo Church, 990 James Way, Pismo Beach, CA 93449

Life Center-parent workshop, LC-1 upstairs room for youth processing group, Rm 14- for children in child care. Please all check-in by 5:15 PM to the Life Center & youth with subsequently be escorted to child care room or processing group room.

Please email stindula@co.slo.ca.us by 3/09/17 to register for this workshop. In your email include the following:

- 1) the names and contact information for the adults attending
- 2) the names and ages for the children attending and whether they will need child care 3) any information regarding food restrictions or allergies. You can also call 805-474-2105 with this information.

Childcare is provided & dinner will be served.

